



Mood‡



Sleep‡

**SUGGESTED USE:** Take 1-2 capsules three times daily or as recommended by your health-care practitioner.

**TAMPER EVIDENT:** Use only if bottle is sealed. Store tightly sealed in a cool, dry place.

**WARNING:** If pregnant or nursing, do not use this product.



GLUTEN FREE



MANUFACTURED IN THE USA  
USING US & IMPORTED INGREDIENTS

# THORNE®

## 5-Hydroxytryptophan

DIETARY SUPPLEMENT

90  
CAPSULES



### SUPPLEMENT FACTS

Serving Size: Two Capsules

Servings Per Container: 45

Two Capsules Contain:		%DV
Vitamin B6 (as Pyridoxal 5'-Phosphate)	6.8 mg	400%
5-Hydroxytryptophan	100 mg	*

\*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Hypromellose (derived from cellulose) capsule, Leucine, Silicon Dioxide.

‡This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

manufactured by:  
THORNE RESEARCH, INC., 1-800-228-1966



SA503  
LSA50309