

Blue lights are melatonin's arch nemesis. Studies have shown that blue light emitted by screens (TV, computer, phone etc.) suppress melatonin levels making it more difficult to fall asleep.

**RECOMMENDED USES:** 

Specially formulated to help promote peaceful sleep\*

**SERVING SUGGESTION:** 

For children 3 years of age and older and weighing over 31 lbs (14 kg). If your child weighs less than 31 lbs (14 kg), or is under 3 years of age, this product is not recommended for use.

3 Years to 5 Years

Consult your doctor for adequate serving, not to exceed one 1mL dose

6 Years to 12 Years

Take 2mL dose

12 Years and older

Take 3mL dose

## SUGGESTIONS FOR USE:

Using the enclosed dropper, administer 30-60 minutes before bedtime. May be administered directly into the mouth or into a liquid that will be consumed immediately. Clean dropper after each use. After administration, a slight warming sensation in the mouth is normal. Consult with your doctor if using more than 14 days in a row or for other questions about taking this supplement.

Use product within 90 days of opening.
STORE AT ROOM TEMPERATURE.
RECLOSE CAP TIGHTLY AFTER EACH USE.

## **Supplement Facts**

% Daily Value for

Serving Size: 1 mL Servings Per Container: 30

Servings Per Container: 30
% Daily Value for

Amount Per Serving Children Under 4 Adults and Children 4
Years of Age or More Years of Age

Melatonin 1 mg

† Daily Value (DV) not established.

OTHER INGREDIENTS: GLYCERINE, NATURAL FLAVOR,

DISTRIBUTED BY ZARBEE'S INC. DRAPER, UTAH 84020
VISIT US ONLINE AT ZARBEES.COM OR CALL 1-877-528-0420

## **OUR STORY**

Dr. Zak Zarbock, a pediatrician & father, couldn't find effective, drug-free products to keep the whole family healthy, so he created his own. The result is Zarbee's.

We believe in the power of simple, curated ingredients, inspired by nature & backed by science. That is why we carefully craft wellness solutions to help you keep your whole hive feeling its best.

CAUTION:
MAY CAUSE DROWSINESS.
DO NOT USE IF TAMPER-EVIDENT
SEAL IS BROKEN.
KEEP OUT OF REACH OF CHILDREN.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

MADE IN USA WITH DOMESTIC AND FOREIGN INGREDIENTS









Safe & Effective for children 3 years+

FOR CHILDREN

**Dietary supplement** 

NATURAL MIXED BERRY FLAVOR with other natural flavors

1 fl. oz. (30 mL)



## **SAFE & EFFECTIVE**

- Promotes peaceful sleep\*
- · Non-habit forming

No Drugs or Alcohol

No Dyes

No Artificial Flavors

Gluten-Free

A PLEASE RECYCLE
Printed on 100% recyclable materials.

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