We pledge total truth in labeling. Our family of products contains only the purest and most potent ingredients. Guaranteed.

Color of this product may vary due to color variations of the natural ingredients.

Warning: Do not take this product if taking any MAO inhibitors or antidepressants. If pregnant or nursing, consult your healthcare practitioner before taking this product.

Keep out of reach of children. Store in a cool, dry place.

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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VALER AMINOTAL

A Dietary Supplement to Support Relaxation and Normal Sleep*

VEGETARIAN / GLUTEN FREE

90 TABLETS

Suggested Use: As a dietary supplement, take 1 to 3 tablets with a meal. At night, take 1 to 3 tablets one half to one hour before bedtime, or as directed by your healthcare practitioner.

Amount Per Serving	% Daily Value
Niacin (as Niacinamide) 225 mg	1,406%
Vitamin B6	
(as Pyridoxine HCl) 45 mg	2,647%
Pantothenic Acid (as Calcium	
d-Pantothenate) 60 mg	1,200%
Calcium (as Ca AAC) 300 mg	23%
Magnesium (as Mg AAC) 300 m	g 71%
Inositol 300 mg	
GABA	
(Gamma-Aminobutyric Acid) 30	00 mg
Taurine 300 mg	
Glycine 225 mg	2
Valerian (Valeriana officinalis)	
4:1 Root Extract 90 mg	0
Passionflower (Passiflora incarri	ata)
Herb Powder 90 mg	4
Hops Flower Powder 45 mg	8.1

Other ingredients: microcrystalline cellulose, stearic acid, vegetable stearate, croscarmellose sodium, silicon dioxide, hydroxypropyl methylcellulose, polyethylene glycol Contains: Soy.