USAGE: Take 1 capsule per day on an empty stomach prior to the evening meal or as directed by your qualified healthcare professional. For best results, use in conjunction with QH-absorb® (ubiquinol).

NOTE: If you have a medical condition (especially diabetes/glucose control problems, gall bladder/bile duct blockages or gallstones, kidney dysfunction or liver disease), are pregnant, lactating, trying to conceive, under the age of 18, or taking medications, consult your healthcare professional before using this product.

Jarrow Formulas® provides clinically-tested Citrus Bergamot extract for natural support for healthy cholesterol levels and blood glucose metabolism.* Citrus bergamia grows in the Ionic coast of Southern Calabria. Italy. It contains natural polyphenolic antioxidants and free radical scavengers that have been found to influence cholesterol and blood glucose levels.*

Keep out of the reach of children.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Sergamo

Clinically Tested Ingredient Supports Blood Glucose Metabolism* Supports Healthy Cholesterol Levels*

Supplement Facts

Serving Size 1 Capsule Servings Per Container 60

Amount Per Serving % DV Citrus Bergamot Extract 500 mg (Citrus bergamia) (fruit)

Daily Value not established.

Other Ingredients: Magnesium stearate (vegetable source), cellulose and silicon dioxide. Capsule consists of hydroxypropylmethylcellulose.

No wheat, no gluten, no soybeans, no dairy, no egg, no fish/shellfish, no peanuts/tree nuts.

Suitable for vegetarians/vegans.

> Los Angeles, CA 90035-4317 www.Jarrow.com

BERGAM

Jarrow FORMULAS® Superior Nutrition and Formulation® PO Box 35994



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