Recommended Dose: Adults: Take 2 gummies daily, 30-60 minutes before bedtime, or as recommended by your health professional. Adolescents and Children (8 years and older): Take 1 gummy daily, 30-60 minutes before bedtime, or as recommended by your health professional. Warning: Consult your health professional if you are experiencing long-term sleep difficulties, before use in children, before use in pregnant or lactating women, those with a medical condition, and those taking medication. Do not drive or operate machinery when taking melatonin. This product may be contraindicated with autoimmune disease or for individuals taking corticosteroids, Keep out of the reach of children. Use only if safety seal is intact. Store in a cool, dry place.

[‡] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.







MicroActive® is a registered trademark of BioActives, LLC.

Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity. Gummy size and color may vary

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GENESTRA

Sleep Gummies









Restful sleep!

60 GUMMIES

Supplement Facts

Serving size 1 gummy (2.2 g) 2 gummies (4.4 g) (ages 19 and up) Servings per container

Amount Per Serving		%DV	Amount Per Serving	%DV
Calories	5		10	
Total Carbohydrate	2 g	<1%^	3 g	1%^
Total Sugars	<1 g	*	1g	*
Includes <1 g Added Sugars (1 gummy)	1%^		
Includes 1 g Added Sugars (2 gummies)			2%^
Vitamin B ₆ (as pyridoxine hydrochloride)	1.5 mg	88%	3 mg	176%
Sodium	10 mg	<1%	15 mg	<1%
MicroActive® Melatonin	0.5 mg	*	1 mg	*
Lemon Balm (Melissa officinalis) Aerial Parts Extract	20 mg	*	40 mg	*
L-Theanine	75 mg	*	150 mg	*
Organic Fruit Blend (Strawberry Fruit, Raspberry Fruit, Wild Bl Sour Cherry Fruit, Pomegranate Fruit, Cra		*	5 mg	*

^{*} Daily value (DV) not established

Other ingredients: Isomalto-oligosaccharides, purified water, organic cane sugar, pectin, citric acid, natural flavours, sodium citrate, hypromellose, sodium alginate, microcrystalline cellulose, carnauba wax, black carrot powder, coating (organic sunflower oil, organic carnauba wax), organic stevia leaf extract,

[^] Percent daily values are based on a 2,000 calorie diet