



### Perfect Hydrolyzed Collagen - Elderberry

**Three Simple Ingredients:** Collagen from Brazilian pasture raised (grass-fed) cows, Organic Elderberry Fruit powder, Organic Monk Fruit Extract.

**Sustainable & Ethical:** Pasture raised and grass-fed cows (untouched by hormones or antibiotics) graze on pasture that is free from chemical fertilizers or pesticides.

**Perfect Health Benefits:** One serving of Perfect Hydrolyzed Collagen provides 10 grams of protein in an exceptional powder that tastes and smells like elderberry and dissolves in any liquid.

Perfect Hydrolyzed Collagen delivers important amino acids that are difficult to find in our diet, such as glycine, proline, and hydroxyproline. Research indicates that the amino acids found in collagen may help:

- Build human cartilage†
- Assist digestion†
- Support joint health†
- Promotes healthy skin, hair, and nail quality†

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



Brazilian Pasture Raised  
Bovine Hydrolyzed Collagen Peptides  
Dietary Supplement • Net Wt. 360g (12.7oz)

### Supplement Facts

Serving Size: 1 Scoop (12g) Servings Per Container: 30

	Amount Per Serving	% Daily Value
Calories	40	
Total Carbohydrate	1 g	0%
Dietary Fiber	0 g	0%
Total Sugars	1 g	
Protein	10 g	
Calcium	17 mg	1%
Iron	0.21 mg	1%
Sodium	28 mg	1%
Collagen Peptides	11,000 mg	*
Organic Elderberry Fruit ( <i>Sambucus nigra L.</i> )	500 mg	*

Percent Daily Values are based on a 2,000 calorie diet.  
\*Daily Value not established.

Other Ingredients: Organic Monk Fruit Extract

Made in the USA with Imported Ingredients for:  
Perfect Supplements, LLC  
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### Amino Acid Profile (Per Serving)

Alanine 854mg	Leucine 281mg
Arginine 726mg	Lysine 353mg
Aspartic Acid 550mg	Methionine 85mg
Cysteine 0mg	Phenylalanine 186mg
Glutamic Acid 964mg	Proline 1,333mg
Glycine 2,298mg	Serine 320mg
Histidine 72mg	Threonine 175mg
Hydroxylysine 52mg	Tryptophan 0mg
Hydroxyproline 1,064mg	Tyrosine 49mg
Isoleucine 147mg	Valine 217mg

This product is manufactured in a facility that processes milk, egg, soy, tree nuts, fish, and shellfish.

**Suggested Use:** Mix 1 scoop into milk, water, or your favorite beverage (hot or cold) for a delicious and nutritious elderberry treat. Also great in smoothies, pancakes, and baked goods. For best mixing, use a shaker cup or blender.

