

Perfect Food® Original Formula supplement is a whole food blend with more greens per serving than other green food formulas. Made with vegetable, sprout and organic cereal grass ingredients, one serving is equivalent to 148.5 grams of fresh grass juice to ensure your body receives the nutritional benefits of multiple servings of fruit and vegetables everyday.¹ **Perfect Food® Original Formula** supplement contains antioxidant green grasses, micro-algae, sea vegetables, whole vegetables juices, grains, seeds and legumes, plus a proprietary blend of probiotic microorganisms and plant based digestive enzymes. **Perfect Food® Original** is an ideal product for those who are unable to get enough green foods.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Store in a cool, dry place.
Do not use if seal is broken or missing.

Keep out of reach of children.

Contains no apple fiber, rice flour, artificial colors or preservatives.

Vegetarian.

This product is made with natural ingredients, therefore color and taste may vary from lot to lot.

¹ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



We Buy 100% Certified Renewable Energy



Recyclable Bottle

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5500 Village Boulevard
West Palm Beach, FL 33407 USA
Made in the U.S.A.
www.gardenoflife.com



PRO300A-10/2114-010412



Perfect Food® Original

Super Green Formula

45 Phytonutrient-Dense Superfoods¹

12 Sprouted Ingredients

HSO Probiotics

Digestive Enzymes

Net Wt 10.58 oz (300 g)

Whole Food Dietary Supplement

Suggested Use: Adults mix 1 level scoop (2 tablespoons) in 8 ounces of water or juice 1 (or more) times per day. Begin with 1/4 serving size for the first few days, gradually working up to full serving size. May be taken with or without food. Not intended for children. Scoop included. This product is packaged by weight not by volume. Settling may occur.

Supplement Facts

Serving Size 1 level Scoop (Approx. 2 tbsp. or 10 g)
Servings Per Container Approximately 30

Amount Per Serving	% Daily Value
Calories 40	
Calories From Fat 10	
Total Fat 1.5 g	2% ¹
Total Carbohydrate 4 g	1% ¹
Dietary Fiber 1 g	4% ¹
Sugars 2 g	+
Protein 3 g	6% ¹
Vitamin A (as beta-carotene) 5,500 IU	110%
Vitamin C 10 mg	18%
Calcium 74 mg	7%
Iron 6.5 mg	36%
Sodium 60 mg	2%
Potassium 277 mg	8%

Perfect Green Juice Blend 4.5 g +

Barley Grass* (Juice and Solubles), Alfalfa Grass* (Juice), Wheat Grass* (Juice), Oat Grass* (Juice)

Perfect Whole Food Matrix 2.9 g +

Rice Bran Extract, Amaranth Sprout, Quinoa Sprout, Millet Sprout, Buckwheat Sprout*, Garbanzo Bean Sprout, Lentil Sprout, Adzuki Bean Sprout, Flax Seed Sprout*, Sunflower Seed Sprout, Pumpkin Seed Sprout*, Chia Seed Sprout, Sesame Seed Sprout*

Protein Mineral Blend 2.1 g +

Spirulina, Chlorella, Kelp

Perfect Veggie Juice Blend 300 mg +

Alfalfa* (Sprout), Beet* (Root), Carrot* (Root), Broccoli* (Flower & Stem), Tomato* (Fruit), Cucumber* (Fruit), Kale* (Leaf), Spinach* (Leaf), Parsley* (Leaf), Green Cabbage* (Leaf), Celery* (Stalk), Cauliflower* (Flower & Stem), Green Bell Pepper* (Fruit), Asparagus* (Flower & Stem), Brussels Sprout* (Leaf), Onion* (Bulb), Garlic* (Bulb), Ginger* (Root)

HSO Probiotic & Enzyme Blend 105 mg +

Amylase, Proteases, Lactase, Glucoamylase, alpha-Galactosidase, Lipase, Pectinase, Pepsinase, Bromelain, Phytase, Hemocellulase, beta-Glucanase, Papain, Cellulase, Xylanase, Diastase, Invertase, *Bifidobacterium bifidum*, *Bifidobacterium lactis*, *Lactobacillus rhamnosus*, *Bifidobacterium breve*, *Lactobacillus casei*, *Lactobacillus salivarius*, *Lactobacillus acidophilus*, *Bacillus subtilis*

Ionic Plant Based Minerals 95 mg +

¹ Percent Daily Values are based on 2,000 calorie diet.

+Daily Value not established.

Probiotics are cultured in dairy which is generally consumed during the fermentation process.

* Organic