



**Recommended intake: Adults:** One capsule taken 2-4 times daily with meals or as professionally directed.  
**Adolescents (9-18 years):** One capsule taken 1-2 times daily with meals or as professionally directed.

**Warning:** If you are pregnant or lactating, have any health condition or are taking any medication, consult your health professional before use. Some people may experience diarrhea.

Use only if safety seal is intact. Store in a cool, dry place. Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity.

**Keep out of the reach of children.**

Made in the UK for Seroyal USA  
Pittsburgh, PA 15275, 1-888-737-6925

# MAGNESIUM MALATE

**dietary supplement**

120 vegetarian capsules

## Supplement Facts

Serving Size 1 Capsule  
Servings per Container 120

	Amount per serving	% DV
Magnesium (as magnesium malate)	125 mg	30%

% Daily value (DV)

Other ingredients: Hypromellose, silica, magnesium stearate

Code VM43-120

V2

