

ath

# BUILD

SPORTS NUTRITION, REDEFINED.

COCOA FLAVOR - NET WEIGHT 1.80lb (815g)  
WHOLE FOOD DIETARY SUPPLEMENT



ATH proudly uses only the very best natural ingredients.

| Supplement Facts                   |                    |     |
|------------------------------------|--------------------|-----|
| Serving Size: 1 scoop (29g/1.03oz) |                    |     |
| Servings Per Container: 28         |                    |     |
|                                    | Amount Per Serving | %DV |
| Calories                           | 110                | **  |
| Total Fat                          | 2.0g               | 2%  |
| Saturated Fat                      | 1.0g               | 5%  |
| Cholesterol                        | 55mg               | 18% |
| Total Carbohydrates                | 4g                 | 1%  |
| Dietary Fiber                      | <1g                | 3%  |
| Sugars                             | 2g                 | **  |
| Protein                            | 20g                | **  |
| Calcium                            | 100mg              | 8%  |
| Chloride                           | 140mg              | 6%  |
| Sodium                             | 120mg              | 5%  |
| Potassium                          | 265mg              | 6%  |

\* Percent Daily Values are based on a 2,000 calorie diet.  
\*\* % Daily Value (DV) not established.

INGREDIENTS: Grass-fed Whey Protein Concentrate, Cocoa Powder, Chocolate Flavor, Sodium Chloride, Stevia Rebaudioside A Leaf Extract, Monk Fruit Extract.

ALLERGEN STATEMENT: Manufactured in a facility that handles: Eggs, Wheat, Milk, Tree Nuts, Peanuts, Soybeans, Crustacean Shellfish, and Fish. Contains Milk.  
Store at room temperature. Avoid excess heat above 104°F (40°C).

| Suggested Use: Mix 1 scoop with POST or with 12 ounces of cold water or almond milk for a high protein snack |        |               |        |
|--------------------------------------------------------------------------------------------------------------|--------|---------------|--------|
| Typical Amino Acid Profile (Per Serving)                                                                     |        |               |        |
| Alanine                                                                                                      | 1005mg | Lysine        | 1810mg |
| Arginine                                                                                                     | 494mg  | Methionine    | 420mg  |
| Aspartic Acid                                                                                                | 2066mg | Phenylalanine | 640mg  |
| Cysteine                                                                                                     | 439mg  | Proline       | 1207mg |
| Glutamic Acid                                                                                                | 3364mg | Serine        | 1042mg |
| Glycine                                                                                                      | 366mg  | Threonine     | 1371mg |
| Histadine                                                                                                    | 347mg  | Tryptophan    | 347mg  |
| Isoleucine                                                                                                   | 1207mg | Tyrosine      | 585mg  |
| Leucine                                                                                                      | 2084mg | Valine        | 1207mg |

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MADE IN THE USA

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