

ath

POST

With Added L-Glutamine
SPORTS NUTRITION, REDEFINED.

COCOA FLAVOR - NET WEIGHT 4.00lb (1.81Kg)
WHOLE FOOD DIETARY SUPPLEMENT



OFFICIAL SPORTS
SUPPLEMENTS OF THE
NSLA

ATH proudly uses only the very best natural ingredients.

Supplement Facts		
Serving Size: 2 scoops (91g/3.20oz)		
Servings Per Container: 20		
Amount Per Serving		% DV
Calories	320	
Total Fat	1.5g	2%
Saturated Fat	1g	5%
Cholesterol	25mg	9%
Total Carbohydrate	58g	21%
Dietary Fiber	2g	7%
Total Sugars	3g	**
Added Sugars	0g	**
Protein	21g	**
Vitamin C	200mg	222%
Vitamin E	20mg	133%
Calcium	195mg	15%
Iron	2mg	11%
Phosphorous	138mg	11%
Magnesium	222mg	53%
Chloride	375mg	16%
Sodium	272mg	12%
Potassium	369mg	8%
L-Glutamine	2,000mg	**
* Percent Daily Values are based on a 2,000 calorie diet.		
** % Daily Value (DV) not established.		

INGREDIENTS: Maltodextrin, Non-GMO Whey Protein Concentrate, Non-GMO Instantized Calcium Caseinate, Cocoa Powder, Chocolate Flavor, Magnesium Citrate, Sodium Chloride, Tripotassium Citrate, Xanthan Gum, Vitamin C (as Ascorbic Acid), Cellulose Gum, Sea Salt, Monk Fruit Extract, Stevia RebaudiosideA Leaf Extract, Calcium Citrate, DL-Alpha Tocopherol, Talin Powder.

ALLERGEN STATEMENT: Manufactured in a facility that handles: Eggs, Wheat, Milk, Tree Nuts, Peanuts, Soybeans, Crustacean Shellfish, and Fish. Contains Milk and Soy.

Suggested Use: Mix 3 scoops with 14 ounces of cold water or almond milk after intense exercise.

Typical Amino Acid Profile (Per Serving)

Alanine	622mg	Lysine	1369mg
Arginine	517mg	Methionine	390mg
Aspartic Acid	1374mg	Phenylalanine	612mg
Cysteine	198mg	Proline	1288mg
Glutamic Acid	3073mg	Serine	869mg
Glycine	344mg	Threonine	920mg
Histadine	363mg	Tryptophan	227mg
Isoleucine	907mg	Tyrosine	689mg
Leucine	1551mg	Valine	996mg

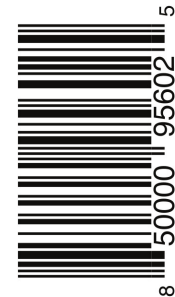
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 **BORN & BRED**

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