

Perfect Food® Berry Super Green Fruit & Veggie Formula is made with 49 nutrient-rich and organically grown whole food based ingredients to ensure your body receives the nutritional benefits of fruits and vegetables. Providing 4,340mg of greens per serving, **Perfect Food® Berry** supplement contains 21 vegetable juices, 12 fermented sprouted grains and legumes, 8 marine plants, and 7 fruits and berries, 5 of which have been freeze-dried to maintain nutrient delivery and fresh taste. An excellent source of natural antioxidants including vitamins A and C, **Perfect Food® Berry** features an organic fruit blend of strawberry, raspberry, blueberry, blackberry and tart cherry that contributes to an ORAC value of 2,000 TE per serving, approximately 20% of the antioxidant value of a healthy diet with the daily recommended 5 servings of fruits and vegetables. In addition, **Perfect Food® Berry** includes a Protein Mineral Matrix of spirulina, chlorella and other marine super foods, and delivers a one billion¹ live cell count per serving, with 10 probiotic strains to support digestive health.¹ **Perfect Food® Berry** is great for those who are unable to eat enough green foods. Select ingredients are produced through Garden of Life's proprietary Poten-Zyme® fermentation process to make the nutrients more available to the body.

Store in a cool dry place.
Do not use if safety seal is broken or missing.
Keep out of reach of children.

Contains no artificial colors, flavors or preservatives.

This product is made with natural ingredients, therefore color may vary from lot to lot.
Vegetarian.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.



We Buy 100% Certified
Renewable Energy



Recyclable
Bottle

¹ These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by **Garden of Life LLC**
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West Palm Beach, FL 33407 USA
Made in the U.S.A.
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Perfect Food® Berry

Super Green Fruit & Veggie Formula

49 Phytonutrient-Dense Superfoods*

12 Sprouted Ingredients

Antioxidant - Over 2,000 ORAC

Net Wt 8.5 oz (240 g)

Whole Food Dietary Supplement

Made With
**LIVE
PROBIOTICS**

Suggested Use: Adults mix 1 level scoop in 8 ounces of water or juice 1 (or more) times per day. Begin with 1/4 serving size for the first few days, gradually working up to full serving size. May be taken with or without food. Not intended for children. Scoop included. This product is packaged by weight not by volume. Settling may occur.

Supplement Facts

Serving Size 1 level Scoop (Approx. 2 tbsp. or 8 g)
Servings Per Container Approximately 30

Amount Per Serving	% Daily Value
Calories 25	
Total Carbohydrate 4 g	1% ¹
Dietary Fiber 1 g	4% ¹
Sugars 1 g	+
Protein 2 g	4% ¹
Vitamin A (as beta-carotene) 4,250 IU	85%
Vitamin C 115 mg	192%
Calcium 50 mg	5%
Iron 1.5 mg	10%
Sodium 35 mg	1%
Potassium 230 mg	7%

Perfect Green Juice Blend 2.8 g
Barley Grass Juice*, Alfalfa Grass Juice*, Wheat Grass Juice*, Oat Grass Juice*

Perfect Protein Mineral Matrix 2.1 g
Rice Bran Soluble Extract, Spirulina, Chlorella, Calcified Red Algae, Kelp

Proprietary Whole Food Berry Antioxidant Blend 1.6 g
Strawberry* (fruit), Cherry* (fruit), Blueberry* (fruit), Blackberry* (fruit), Raspberry* (fruit), Acerola Cherry (fruit), Citrus Bioflavonoids

Perfect Veggie Juice Blend 800 mg
Beet* (root), Carrot* (root), Broccoli* (flower & stem), Cucumber* (gourd), Tomato* (fruit), Kale* (leaf), Spinach* (leaf), Cabbage* (leaf), Cauliflower* (flower & stem), Celery* (stalk), Parsley* (leaf), Asparagus* (flower & stem), Brussels Sprouts* (leaf), Bell Pepper* (fruit), Garlic* (bulb), Ginger* (root), Onion* (bulb)

Poten-Zyme® Whole Food Matrix 740 mg
Barley Grass*, Oat Grass*, Amaranth Sprout, Quinoa Sprout, Millet Sprout, Buckwheat Sprout*, Garbanzo Bean Sprout, Lentil Sprout, Adzuki Bean Sprout, Flax Seed Sprout*, Sunflower Seed Sprout, Pumpkin Seed Sprout*, Chia Seed Sprout, Sesame Seed Sprout*

Probiotic Blend (1 Billion CFU)¹ 7 mg
Lactobacillus plantarum, Bifidobacterium lactis, Bifidobacterium bifidum, Lactobacillus rhamnosus, Bifidobacterium breve, Lactobacillus casei, Lactobacillus salivarius, Lactobacillus acidophilus, Bifidobacterium longum, Lactobacillus paracasei

¹ Percent Daily Values based on a 2,000 calorie diet. + Daily Value not established.

Other Ingredients: Stevia, rice maltodextrin (carrier for probiotics), magnesium stearate. Probiotics are cultured in dairy, which is generally consumed during the fermentation process.

* Organic ¹ At time of manufacture