

SUGGESTED USE:
FOUR SOFTGELS DAILY WITH FOOD.

Made with Non-GMO Project Verified Salmon Oil; Certified Gluten-Free by NSF; our premium softgel capsules are BSE free.

Meets or exceeds NSF/ANSI 173 Standard for mercury & other heavy metals as Certified by NSF.

Please refer to newchapter.com for more information about this product and its benefits.

Store in a cool, dry place. DO NOT REFRIGERATE.

Caution: As with any dietary supplement, advise your healthcare professional of the use of this product if you have a medical condition or are taking medication. If you are nursing, pregnant, or considering pregnancy, consult your healthcare professional prior to using this product. **Keep out of reach of children.**

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

THE NEW CHAPTER® MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details.

PLEASE RECYCLE THIS BOTTLE AFTER USE.
5016-C21 ©2021 NEW CHAPTER, INC.

NEW
CHAPTER®

EST. 1982

WHOLEMEGA™
FISH OIL | FOR MOMS

SUSTAINABLY SOURCED WILD SALMON

Healthy Brain & Visual Development for
Baby during Pregnancy*

BSE-FREE
90
SOFTGELS

MEETS NSF MERCURY TESTING STANDARDS



DIETARY SUPPLEMENT

Supplement Facts

Serving size 4 Softgels
Servings per container 22.5

Amount per serving	% DV* for pregnant and lactating women	
Calories	20	
Total Fat	2 g	3%
Saturated Fat	0.5 g	3%
Monounsaturated Fat	0.5 g	•
Polyunsaturated Fat	1 g	•
Cholesterol	15 mg	5%
Vitamin D3 (from Wild Alaskan Salmon Oil)	2.5 mcg (100 IU)	17%
Wild Alaskan Salmon Oil	2000 mg	•
Total Omega-3 Fatty Acids	520 mg	•
EPA (Eicosapentaenoic Acid)	180 mg	
DHA (Docosahexaenoic Acid)	220 mg	
Other Omega-3 Fatty Acids (Octadecatetraenoic Acid, Docosapentaenoic Acid, Linolenic Acid, Heneicosapentaenoic Acid, Eicosatrienoic Acid)	120 mg	
Total Omega-6 Fatty Acids (Linoleic Acid, Arachidonic Acid, Eicosadienoic Acid)	20 mg	•
Total Omega-5 & 7 Fatty Acids (Myristoleic Acid, Palmitoleic Acid, Vaccenic Acid)	95 mg	•
Total Omega-9 Fatty Acids (Oleic Acid, Gadoleic Acid, Erucic Acid, Nervonic Acid)	300 mg	•
Astaxanthin (from Wild Alaskan Salmon Oil)	2.5 mcg	•
Botanical Antioxidant Stability System™ (B.A.S.S.™) Proprietary Blend	12 mg	•
Organic Oregano (<i>Origanum vulgare</i>) (leaf) supercritical extract and Rosemary (<i>Rosmarinus officinalis</i>) (leaf) supercritical extract		

*Daily Value (DV) not established *Percent Daily Values are based on a 2,000 calorie diet

Other ingredients: Capsule (gelatin [Halal] and glycerin) and tocopherols to preserve freshness.

Contains: 100% Wild Alaskan Salmon Fish Oil.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 USA For questions or comments call 888-874-4461

6mm
2D code

1mm margin