

SUGGESTED USE: THREE TABLETS DAILY. CAN BE TAKEN ANYTIME, EVEN ON AN EMPTY STOMACH. NOT RECOMMENDED FOR USE IN CHILDREN.

Certified Gluten-Free by NSF; 100% vegetarian; no artificial flavors or colors.

Please refer to newchapter.com for more information about this product and its benefits.

Caution: As with any dietary supplement, you should advise your healthcare professional of the use of this product if you have a medical condition or are taking medication. If you are nursing, pregnant, or considering pregnancy, consult your healthcare professional prior to using this product. Discontinue use and contact your healthcare professional if you experience a side effect or an allergic reaction. Do not exceed suggested use. **Keep out of reach of children.**

***This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

THE NEW CHAPTER® MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details.

PLEASE RECYCLE THIS BOTTLE AFTER USE.
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EST. 1982

PERFECT ENERGY MULTIVITAMIN

FORMULATED FOR ABSORPTION

Balanced Energy & Nervous System Support*

VEGETARIAN
96
TABLETS

MADE WITH ORGANIC VEGETABLES & HERBS



DIETARY SUPPLEMENT

Supplement Facts

Serving size 3 Tablets
Servings per container 32

Amount per serving	%DV	Amount per serving	%DV
Vitamin A (100% as beta-carotene from ferment media)	1500 mcg 167%	Zinc (as zinc oxide from ferment media)	7.5 mg 68%
Vitamin C (as ascorbic acid from ferment media)	75 mg 83%	Selenium (as selenium dioxide from ferment media)	100 mcg 182%
Vitamin D3 (as cholecalciferol from ferment media)	25 mcg (1000 IU) 125%	Copper (as copper sulfate anhydrous from ferment media)	0.75 mg 83%
Vitamin E (as d-alpha-tocopheryl acetate from ferment media)	22 mg 147%	Manganese (as manganese chloride from ferment media)	2 mg 87%
Vitamin K (as phyloquinone [K1] from ferment media and as menaquinone-7 [K2] from natto)	80 mcg 67%	Chromium (as chromium chloride from ferment media)	120 mcg 343%
Thiamin (as thiamine hydrochloride from ferment media)	9 mg 750%	Molybdenum (as sodium molybdate from ferment media)	10 mcg 22%
Riboflavin (from ferment media)	10 mg 769%	Adaptogenic Energy Blend 221.6 mg •	
Niacin (as niacinamide from ferment media)	20 mg 125%	Organic Maca (root) aqueous extract, Organic Schizandra (berry) from ferment media, Organic Green Tea (leaf) aqueous extract, Organic American Ginseng (root) from ferment media, Organic Turmeric (rhizome) powder from ferment media, Rhodiola (root) hydroethanolic extract, Organic Cardamom (seed) from ferment media, Organic Turmeric (rhizome) supercritical extract	
Vitamin B6 (as pyridoxine hydrochloride from ferment media)	10 mg 588%	Grape (seed) aqueous extract	300 mg •
Folate (as folic acid from ferment media)	666 mcg DFE 167%	Ginger (rhizome) 8 mg aqueous extract and 2 mg organic supercritical extract	10 mg •
Vitamin B12 (as cyanocobalamin from ferment media)	30 mcg 1250%		
Biotin (from ferment media)	300 mcg 1000%		
Pantothenic Acid (as calcium D-pantothenate from ferment media)	20 mg 400%		
Iodine (as potassium iodide from ferment media)	90 mcg 60%		

* Daily Value (DV) not established

Other ingredients: Ferment media (organic soy flour, organic *Saccharomyces cerevisiae*, organic orange peel powder, organic carrot powder, organic alfalfa powder, papain [deactivated], bromelain [deactivated], and lactic acid bacteria [*Lactobacillus acidophilus*, *Bifidobacterium bifidum*, *Lactobacillus rhamnosus*]), organic gum acacia, *Lithothamnion calcareum* and *Lithothamnion corallioides*, silica, lac resin, carnauba wax and magnesium oxide.

Contains: Fermented soy.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 USA For questions or comments call 888-874-4461
Certified Organic by International Certification Services, Inc., Medina, ND, USA

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2D code