

SUGGESTED USE: ONE TABLET DAILY. CAN BE TAKEN ANYTIME, EVEN ON AN EMPTY STOMACH.

Certified Gluten-Free by NSF; 100% vegetarian; no artificial flavors or colors.

Please refer to newchapter.com for more information about this product and its benefits.

Caution: As with any dietary or herbal supplement, you should advise your healthcare professional of the use of this product if you have a medical condition or are taking medication. If you are nursing, pregnant, or considering pregnancy, you should consult your healthcare professional prior to using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

THE NEW CHAPTER® MONEY-BACK GUARANTEE

We proudly stand behind every product we make. However, if you are not satisfied, please visit www.newchapter.com/guarantee for refund details.

PLEASE RECYCLE THIS BOTTLE AFTER USE.
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NEW CHAPTER®

EST. 1982

ONE DAILY MULTIVITAMIN

FORMULATED FOR ABSORPTION

Immune, Energy & Stress Support*



MADE WITH ORGANIC VEGETABLES



DIETARY SUPPLEMENT

Supplement Facts

Serving size 1 Tablet

Amount per serving	%DV	Amount per serving	%DV
Vitamin A (100% as beta-carotene from ferment media)	900 mcg 100%	Vitamin B12 (as cyanocobalamin from ferment media)	10 mcg 417%
Vitamin C (as ascorbic acid from ferment media)	90 mg 100%	Biotin (from ferment media)	30 mcg 100%
Vitamin D3 (as cholecalciferol from ferment media)	25 mcg (1000 IU) 125%	Pantothenic Acid (as calcium D-pantothenate from ferment media)	10 mg 200%
Vitamin E (as d-alpha-tocopheryl acetate from ferment media)	15 mg 100%	Iron (as ferrous fumarate from ferment media)	5 mg 28%
Vitamin K (as phyloquinone [K1] from ferment media and as menaquinone-7 [K2] from natto)	120 mcg 98%	Iodine (as potassium iodide from ferment media)	75 mcg 50%
Thiamin (as thiamine hydrochloride from ferment media)	4 mg 333%	Zinc (as zinc oxide from ferment media)	4 mg 36%
Riboflavin (from ferment media)	3.5 mg 269%	Selenium (as selenium dioxide from ferment media)	20 mcg 36%
Niacin (as niacinamide from ferment media)	16 mg 100%	Copper (as copper sulfate anhydrous from ferment media)	0.4 mg 44%
Vitamin B6 (as pyridoxine hydrochloride from ferment media)	5 mg 294%	Manganese (as manganese chloride from ferment media)	1.2 mg 52%
Folate (as folic acid from ferment media)	400 mcg DFE 100%	Chromium (as chromium chloride from ferment media)	35 mcg 100%
		Molybdenum (as sodium molybdate from ferment media)	4.5 mcg 10%

* Daily Value (DV) not established

Other ingredients: Ferment media (organic soy flour, organic *Saccharomyces cerevisiae*, organic orange peel powder, organic carrot powder, organic alfalfa powder, lactic acid bacteria [*Lactobacillus acidophilus*, *Bifidobacterium bifidum* and *Lactobacillus rhamnosus*], papain [deactivated], and bromelain [deactivated]), *Lithothamnion calcareum* and *Lithothamnion corallioides*, organic gum acacia, silica, magnesium oxide, lac resin and carnauba wax.

Contains: Fermented soy.

Distributed by NEW CHAPTER, INC., 90 TECHNOLOGY DRIVE, BRATTLEBORO, VT 05301 USA For questions or comments call 888-874-4461
Certified Organic by International Certification Services, Inc., Medina, ND, USA

*This statement has not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure, or prevent any disease.

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