

SUGGESTED USE:

Ages 2+ can take 1 gummy per day or as recommended by a physician or healthcare professional.

KEEP OUT OF REACH OF CHILDREN
because of accidental overdose or choking.

All children 12 and under, pregnant & lactating women and seniors ages 65+ should always consult with a physician or healthcare professional before using any dietary supplement.

THIS PRODUCT IS FREE OF:

GMOs, Gelatin, Soy, Yeast, Wheat, Gluten, Milk, Eggs,
Peanuts, Fish and Shellfish.

Pectin sourced from citrus.
Vegan Vitamin D3 derived from Lichen.

THIS PRODUCT CONTAINS NUTS:

② Coconut Oil

CONTACT US

We love to hear from our customers.
Questions? Feedback?

Please feel free to call or email us!
WeCare@MaryRuthOrganics.com

(310) 955-1353

NON
GMO

GLUTEN
FREE

25 mcg
VITAMIN
D3
per 1 gummy



MARY RUTH'S® VITAMIN D3+B12 GUMMIES

PECTIN BASED

VEGAN

NO
GELATIN

250 mcg
VITAMIN
B12
per 1 gummy

Supplement Facts

Serving Size 1 Gummy
Servings Per Container 60

	Amount Per Serving	% DV	% DV for ages 2-3 yrs
Calories	5		
Total Carbohydrate	2 g	<1%*	1%**
Total Sugars	1 g	†	†
Includes 1 g Added Sugars		2%*	4%**
Vitamin D3 (as Cholecalciferol)	25 mcg (1000 IU)	125%	167%
Vitamin B12 (as Methylcobalamin)	250 mcg	10417%	27778%
Sodium	5 mg	<1%*	<1%**

*Percent Daily Values (DV) are based on a 2000 calorie diet

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†Daily Value (DV) not established

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Purified Water, Pectin, Natural Strawberry Flavor, Citric Acid, Sodium Citrate, Coconut Oil, Carnauba Wax.

*All ingredients are VEGAN and NON-GMO

Distributed by
MaryRuth Organics LLC | Los Angeles, CA 90035
www.maryruthorganics.com

PRODUCT OF CANADA

== Strawberry ==
Non-GMO Vegan Natural Flavor

A Dietary Supplement
60 Gummies

REV-03

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