

#1 PHARMACIST RECOMMENDED VITAMIN & SUPPLEMENT BRAND



B12

1000 mcg



Helps support
nervous system
function[†]

150 SOFTGELS

Helps convert
food into
cellular energy[†]

Dietary Supplement

VALUE SIZE

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USE:

Adults, take 1 softgel daily with water and a meal.

Store tightly closed, in a cool, dry place, out of reach of children.

Do not use if imprinted seal under cap is broken or missing.

- ✓ No Synthetic Dyes - Colors Derived From Natural Sources
- ✓ No Artificial Flavors
- ✓ Gluten Free

CAUTION:

If you are taking medication, consult your physician before use.

Supplement Facts

Serving Size 1 Softgel

Amount Per Softgel	% Daily Value
Vitamin B ₁₂ (as Cyanocobalamin) 1000 mcg	41,667%

OTHER INGREDIENTS:

Soybean Oil, Gelatin, Glycerin, Yellow Beeswax, Water, Rapeseed Lecithin, Colors Added (Including Carmine).

DISTRIBUTED BY:

Nature Made Nutritional Products

West Hills, CA 91309-9903, USA

1-800-276-2878 • www.NatureMade.com

USP has tested and verified ingredients, potency and manufacturing process.

USP sets official standards for dietary supplements. www.uspverified.org

★Based on Pharmacy Times Survey of pharmacists recommending Letter Vitamin Supplements.

Lot:
Exp.: