



Supplement Facts

24 servings per container Serving size: 3 Capsules

	Amount Per Serving	%DV
Fennel (seed) extract 10:1	500mg	**
Maca (Lepidium meyenii) root extract 10:1	300mg	**
Chamomile (flower) extract 10:1	220mg	**
Broccoli Sprout extract 20:1 (Brassica oleracea)	200mg	**
Berberine extract 6:1	150mg	**
Chaste Tree (fruit) extract 10:1	150mg	**
American Ginseng (root) extract 8:1	150mg	**
Gymnema Sylvestre extract 4:1	100mg	**
Ashwagandha (root) extract 25:1	100mg	**
Rhodiola Rosea extract 10:1 (3% Rosavins+2% Salidroside)	80mg	**
Wild Yam (root) extract 8:1	60mg	**
Rosemary (leaf) extract 8:1	25mg	**

**Daily Value (DV) not established.

Other Ingredients: Nu-Mag® (natural), Cellulose, Vegetable Capsules.