

POWER MULTI-U™

A Liquid Complete Multivitamin Supplement



Complete Daily Nutrition

Sea Vegetables & Algae
Whole Foods, SuperFruits, Phyto-Nutrients
Low Optimized Glycemic Index
Non GMO - Sugar Free - Gluten Free
100% Vegetarian
32 oz - 946 ml



Supplement Facts#

Serving Size: 1 oz. - 30 ml

Servings Per Container: 32

Amount Per Serving % D.V.*

Calories	28	
Total Fat	<1 g	<1
Total Carbohydrates	5 g	2
Dietary Fiber	2 g	8
Sugars	0 g	**
Sodium	23 mg	<1
Vitamin A (Retinyl Palmitate)	5,000 IU	100
Vitamin B1 (Thiamine)	3 mg	200
Vitamin B2 (Riboflavin)	3.5 mg	200
Vitamin B3 (Niacinamide)	20 mg	100
Vitamin B6 (Pyridoxal 5 phosphate)	4 mg	100
Vitamin B12 (Methylcobalamin)	200 mcg	3333
Folic Acid (100% from Certified Organic Citrus Lemon Extract - peel)	400 mcg	100
Biotin (USP)	600 mcg	200
Choline (Choline chloride)	100 mg	**
Vitamin C (Ascorbic acid, Acerola cherry, Citrus bioflavonoids, Certified organic whole-food vitamin mineral blend)	120 mg	200
Vitamin D (Cholecalciferol)	1000 IU	250
Vitamin E (D-tocopherol acetate) (from non-GMO sunflower oil)	30 IU	100
Calcium (Lithothamnion red algae) (plant source)	32 mg	3
Magnesium (Lithothamnion red algae) (plant source)	5 mg	1
Manganese (Manganese glycinate chelate)	1 mg	50
Molybdenum (Sodium molybdate)	75 mcg	100
Omega 3,6,&9 Fatty Acids Blend: Borage oil, Flax seed oil, Safflower oil, Sunflower oil	30 mg	**
Pantothenic acid (D-calcium pantothenate)	20 mcg	200
Selenium (L-selenomethionine)	70 mcg	100
Zinc (Zinc picolinate)	3 mg	21

Tomato Extract & Aztec Marigold Nutrient Blend:
Lyc-O-Mato® and Tamat-O-Red® (Lycopene, Phytoene, Phytofluene, Beta-Carotene & Tocopherols), Aztec Marigold (Tagetes erecta L.)(Flower) (containing 10% Lutein & 1.2% Zeaxanthin) **10 mg ****

Power Sea/Aqua Nutrient Complex: 337 mg **
Cultivated Sea Vegetation Blend: Lithothamnium calcareum, Ascophyllum nodosum, Organic Brocken cell chlorella, Spirulina (arthrosira platensis)

Power Phyto Minerals (60 Trace Minerals from Sea Vegetation)

Power Phyto-Nutrient Complex: 4963 mg **

Aloe vera juice, Citrus bioflavonoids, Noni extract (morinda citrifolia) (fruit), Pomegranate 4:1 extract (punica granatum), Pau d'arco (tabebuia impetiginosa), Irish Moss (chondrus crispus) (aerial stems), Hi-Orac fruit and vegetable blend: Banana extract, kiwi extract, mango extract, pineapple extract, cranberry extract, cherry extract, raspberry extract, red pepper extract, plum extract, apricot extract, ginger extract, broccoli extract, spinach extract, kale extract, cabbage extract, orange extract, grapefruit extract, lime extract, green tea extract, Bilberry Extract, Guava (Psidium guajava) extract, Lemon (Citrus limon) extract, Sesbania Grandiflora extract, Amla (Phyllanthus emblic) berry extract, Holy Basil (Ocimum sanctum) extract, Annatto (Bixa Orellana) extract, Green Coffee Extract, Broccoli Sprout Concentrate, Onion Extract, Apple Extract, Acerola Extract, Camu Camu Concentrate, Quercetin, Tomato Concentrate, Broccoli Concentrate, Acai Concentrate, Turmeric Concentrate, Garlic Concentrate, Basil Concentrate, Oregano Concentrate, Cinnamon Concentrate, Elderberry Concentrate, Carrot Concentrate, Mangosteen Concentrate, Blackcurrant Extract, Blueberry Extract, Sweet Cherry Concentrate, Blackberry Concentrate, Chokeberry Concentrate, Raspberry Concentrate, Spinach Concentrate, Kale Concentrate, Brussels Sprout Concentrate)

Power Digestive System Complex: 2250 mg **
Isomalto-oligosaccharides (prebiotic fiber), FOS prebiotic blend, Green papaya juice, Bromelain

Note: as with any natural product, color and taste may vary.

Power Anti-Aging Complex: 235 mg **

Methylsulfonylmethane, Glucosamine Hcl USP (Vegan Source), Rhodiola rosea extract (root), Olive leaf extract (olea europaea), Ginkgo biloba leaf extract, Hyaluronic acid, Horsetail extract (Equisetum arvense) (aerial stems)

Power Vegan Amino Acid Complex: 50 mg **

(from Organic Quinoa) Alanin, Arginine, Aspartic Acid, Cystine, Glutamic Acid, Glycine, Histidine, Isoleucine, Leucine, Lysine, Methionine, Phenylalanine, Proline, Serine, Threonine, Tyrosine, Valine

Power Cardio-Vascular, Liver Cleanse & Detox: 300 mg **

Trimethylglycine (all natural betaine from sugar beets (Beta vulgaris), Goji berry (li. barbarum) extract, Hawthorn berry (fructus crataegi) 4:1 extract, Whole grape extract (Vitis vinifera) (seed, skin & pulp), Panax ginseng extract (leaf), Milk Thistle (Silybum marianum) fruit extract, Suma extract (paffia paniculata) (root), Alpha lipoic acid, Horse chestnut (aesculus hippocastanum) (seed) extract, Eleuthero (eleutherococcus senticosus) extract, Coenzyme Q10 (as ubiquinol), Resveratrol (polygonum cuspidatum root)

Other Ingredients: Filtered Water, Erythritol, Vegetable Glycerin USP, Xylitol, Citric acid, Malic acid, Natural flavoring, Xanthan gum, Potassium Sorbate and Potassium benzoate (to preserve freshness), Rosemary leaf extract.

* (% D.V.) Percent Daily Values based on 2000 Calorie diet.

** Percent Daily Value not established.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

CONTAINS NO ARTIFICIAL COLORING OR FLAVORING; SUGAR, STARCH, SALT, YEAST, CASEIN, WHEAT, GLUTEN, SOY OR MILK DERIVATIVES

If you are pregnant, nursing or have a medical condition consult a healthcare professional before using this product. Do not use if inner seal is missing or damaged.

RECOMMENDATION: 1 oz. per day. Take in the morning or a 1/2 oz. twice a day - best taken with food.



Shake well before using and please keep refrigerated after opening.
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