

Power Up and Support Your Health*

Rainbow Light Certified Men's Multivitamin is formulated to provide essential nutrition with scientifically studied potencies of key nutrients to support the major systems of your body.*

- Vegetarian formula contains 70% certified organic ingredients
- High potency multivitamin promotes immune, bone, skin and brain health*
- Contains essential antioxidants for free radical cellular support: vitamins A, C, E and selenium*
- Provides digestive support*
- High potency source of vitamin D and vitamin B complex
- High potency source of selenium, chromium and molybdenum
- Excellent source of zinc, copper, manganese, and iodine
- Made with Organic Fruits and Vegetables
- Formulated with a Prebiotic and Probiotic Blend

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

SUGGESTED USAGE: Take 4 capsules per day, with or between meals.

KEEP OUT OF REACH OF CHILDREN: Consult your physician prior to using this product if you are taking any medication or have a medical condition.

Contains NO: Milk, tree nuts, peanuts, eggs, fish, or shellfish.

**ACTUAL SIZE
CAPSULE**



**Eco Guard™
Packaging**

Bottle made from
100% recycled material*

*excluding colorant



Certified Men's Multivitamin

Made with Organic Fruits & Vegetables



Promotes Immune, Bone and Skin Health*
Provides Energy Support*



Vegetarian

120 Capsules | Multivitamin Supplement

Supplement Facts

Serving Size 4 Capsules
Servings Per Container 30

	Amount Per Serving	% DV
Vitamin A (as beta-carotene)	750 mcg	83%
Vitamin C (ascorbic acid)	60 mg	67%
Vitamin D (as cholecalciferol)	25 mcg	125%
Vitamin E (as d-alpha tocopheryl succinate)	20.1 mg	134%
Thiamin (as thiamin mononitrate)	27 mg	2250%
Riboflavin (vitamin B2)	25 mg	1923%
Niacin (as niacinamide)	30 mg	188%
Vitamin B6 (as pyridoxine hydrochloride)	18 mg	1059%
Folate (as folic acid)	667 mcg DFE (400 mcg folic acid)	167%
Vitamin B12 (as methylcobalamin)	67 mcg	2792%
Biotin	500 mcg	1667%
Pantothenic Acid (as calcium pantothenate)	10 mg	200%
Iodine (from kelp)	55 mcg	37%
Zinc (as zinc citrate)	7 mg	64%
Selenium (as selenium L-methionine complex)	75 mcg	136%
Copper (as copper chelate)	0.7 mg	78%
Manganese (as manganese citrate)	2 mg	87%
Chromium (as chromium amino nicotinate)	75 mcg	214%
Molybdenum (as molybdenum chelate)	75 mcg	167%
Organic Fruit & Vegetable Blend	1056 mg	†
Organic spirulina, organic cabbage palm (acai) (fruit), organic lycium (goji) (fruit) extract, organic pomegranate (fruit) extract, organic blueberry (fruit), organic broccoli (plant), organic kale (plant), organic beet (root)		
Prebiotic and Probiotic Blend	714 mg	†
Organic inulin (from Agave spp.), protease (1622 HUT†), amylase (563 DU†), lipase (9 FIP†), cellulase (7 CU†), <i>Bacillus coagulans</i> MTCC 5856 (25 million CFU†)		
Organic Men's Blend	404 mg	†
Organic green tea (leaf) extract, organic hawthorn (fruit) extract, organic milk thistle (seed) extract, organic artichoke (plant) extract, organic ginger (root) extract, organic schisandra (fruit) extract		
Japanese knotweed (root) extract (50% resveratrol)	8 mg	†

† Daily Value (DV) not established.