

**SUGGESTED USAGE:** Adults, take 1 tablet per day, with or between meals, while pregnant or nursing.

**WARNING:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

**KEEP OUT OF REACH OF CHILDREN:** Consult your physician prior to using this product if you are pregnant, nursing, taking any medication or have a medical condition.

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

**Contains NO:** Milk, tree nuts, peanuts, eggs, fish, or shellfish.

**ACTUAL SIZE  
TABLET**



## 35+ Mom and Baby Multivitamin

High Potency Multivitamin

Essential Prenatal and Postnatal  
Nutrients for Mom and Baby<sup>❖</sup>  
High Potency Source of Folate

Vegetarian

60 Tablets | Multivitamin Supplement

## Supplement Facts

Serving Size 1 Tablet  
Servings Per Container 60

|                                                            | Amount Per Serving                | % DV for<br>Pregnant &<br>Lactating<br>Women |                                                                                                                                                                                                                                                                                                                                                                   | Amount Per Serving | % DV for<br>Pregnant &<br>Lactating<br>Women |
|------------------------------------------------------------|-----------------------------------|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------|----------------------------------------------|
| Vitamin A (as beta-carotene)                               | 1050 mcg                          | 81%                                          | Selenium (as selenium L-methionine complex)                                                                                                                                                                                                                                                                                                                       | 200 mcg            | 286%                                         |
| Vitamin C (ascorbic acid)                                  | 100 mg                            | 83%                                          | Copper (as copper chelate)                                                                                                                                                                                                                                                                                                                                        | 1.5 mg             | 115%                                         |
| Vitamin D (as cholecalciferol)                             | 20 mcg                            | 133%                                         | Manganese (as manganese chelate)                                                                                                                                                                                                                                                                                                                                  | 3 mg               | 115%                                         |
| Vitamin E (as d-alpha tocopheryl succinate)                | 20.1 mg                           | 106%                                         | Molybdenum (as molybdenum chelate)                                                                                                                                                                                                                                                                                                                                | 75 mcg             | 150%                                         |
| Vitamin K (as phytonadione)                                | 70 mcg                            | 78%                                          | <b>35+ Mom &amp; Baby Blend</b>                                                                                                                                                                                                                                                                                                                                   | 201 mg             | †                                            |
| Thiamin (as thiamin mononitrate)                           | 20 mg                             | 1429%                                        | Organic spirulina, chamomile (flower), citrus bioflavonoid complex, hesperidin, rutin, ginger (root) juice extract, organic pomegranate (fruit), organic collards (leaf), organic kale (leaf, stalk) extract, dried grape (raisin fruit), dried plum (prune fruit), lutein and zeaxanthin (from Aztec marigold flower extract), organic English lavender (flower) |                    |                                              |
| Riboflavin (vitamin B2)                                    | 22 mg                             | 1375%                                        | <b>Enzyme and Probiotic Blend</b>                                                                                                                                                                                                                                                                                                                                 | 17 mg              | †                                            |
| Niacin (as niacinamide)                                    | 30 mg                             | 167%                                         | Protease (540 HUT†), amylase (42 DU†), cellulase (0.5 CU†), lipase (0.4 FIP†), <i>Bacillus coagulans</i> MTCC 5856 (100 million CFU†)                                                                                                                                                                                                                             |                    |                                              |
| Vitamin B6 (as pyridoxine hydrochloride)                   | 20 mg                             | 1000%                                        | Betaine hydrochloride                                                                                                                                                                                                                                                                                                                                             | 10 mg              | †                                            |
| Folate (as 1360 mcg DFE folic acid)                        | 1360 mcg DFE (800 mcg folic acid) | 227%                                         | Inositol                                                                                                                                                                                                                                                                                                                                                          | 10 mg              | †                                            |
| Vitamin B12 (as methylcobalamin)                           | 300 mcg                           | 10714%                                       | Vitamin K2 (as menaquinone-7)                                                                                                                                                                                                                                                                                                                                     | 20 mcg             | †                                            |
| Biotin                                                     | 300 mcg                           | 857%                                         |                                                                                                                                                                                                                                                                                                                                                                   |                    |                                              |
| Pantothenic Acid (as calcium pantothenate)                 | 20 mg                             | 286%                                         |                                                                                                                                                                                                                                                                                                                                                                   |                    |                                              |
| Calcium (from red algae)                                   | 90 mg                             | 7%                                           |                                                                                                                                                                                                                                                                                                                                                                   |                    |                                              |
| Iron (as iron chelate)                                     | 30 mg                             | 111%                                         |                                                                                                                                                                                                                                                                                                                                                                   |                    |                                              |
| Iodine (from inactivated <i>Saccharomyces cerevisiae</i> ) | 150 mcg                           | 52%                                          |                                                                                                                                                                                                                                                                                                                                                                   |                    |                                              |
| Magnesium (as magnesium oxide)                             | 50 mg                             | 13%                                          |                                                                                                                                                                                                                                                                                                                                                                   |                    |                                              |
| Zinc (as zinc bisglycinate chelate)                        | 15 mg                             | 115%                                         |                                                                                                                                                                                                                                                                                                                                                                   |                    |                                              |

†Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, hydroxypropyl methylcellulose, coating (hydroxypropyl cellulose). Contains soy and wheat traces from enzyme fermentation media. Manufactured by Nature's Products, Inc. for Nutrament Business, LLC 1301 Sawgrass Corporate Parkway Sunrise, FL 33323, USA 800.571.4701 © 2021 www.rainbowlight.com LB-20312-060C