

Recommendation: Women take 1 tablet daily, preferably with food. Not formulated for men or children. Do not exceed recommended dose. **Warning:** Do not take if you are pregnant or nursing. If you have kidney dysfunction, a bleeding disorder, or if you are taking Coumadin® (warfarin) or any other medication, consult a healthcare professional before use.

FREE FROM GLUTEN AND ARTIFICIAL COLORS

Warning: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. **Keep this product out of reach of children.** In case of accidental overdose, call a doctor or poison control center immediately.

Keep out of reach of children. Do not use if safety seal under child-resistant cap is broken or missing. Keep tightly closed. Store at room temperature. Avoid excessive heat and direct sunlight.

#Trademark of its respective company.

©2022 Nature's Way Brands, LLC
Green Bay, WI 54311 USA
Bottled and tested in the USA

Questions? 1-800-9NATURE / naturesway.com

LG13718.D01 BLK86510



* THIS STATEMENT HAS NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE, OR PREVENT ANY DISEASE.

**HIGH
POTENCY
8-VITAMINS**
to help convert
food to fuel*

Nature's
Way

ONCE DAILY

Alive!



**WOMEN'S
ULTRA POTENCY
COMPLETE MULTIVITAMIN**

**Energizer™ with Food-Based Blends
& Orchard Fruits™/Garden Veggies™**
Powder Blend (60 mg per serving)

150 TABLETS • MULTIVITAMIN SUPPLEMENT

Supplement Facts

Amount per Serving		% DV
Serving Size: 1 Tablet		
Total Hydrolyzed	<1 g	<1%†
Vitamin A (as 50% (675 mcg) beta-carotene, 30% (675 mcg) retinyl acetate)	1,350 mcg	150%
Vitamin C (ascorbic acid)	180 mg	200%
Vitamin D (as cholecalciferol)	50 mcg	250%
Vitamin E (as d-alpha tocopheryl succinate)	15 mg	100%
Vitamin K (as phytonadione)	150 mcg	125%
Iron (as ferrous mononitrate)	20 mg	1,667%
Zinc	20 mg	1,538%
Copper (as cuprous)	40 mg	250%
Vitamin B6 (as pyridoxine HCl)	20 mg	1,176%
Folate	667 mcg DFE (400 mcg Folic Acid)	167%
Vitamin B12 (as methylcobalamin)	40 mcg	1,667%
Biotin	33 mcg	110%
Ascorbic Acid (as D-calcium pantothenate)	20 mg	400%
Sodium (as sodium bicarbonate)	11 mg	2%
Calcium (as calcium carbonate, dicalcium phosphate)	130 mg	10%
Iron (as ferrous fumarate)	18 mg	100%
Sodium (as potassium iodide)	150 mcg	100%
Arginine (as magnesium oxide)	105 mg	25%
Selenium (as selenium)	11 mg	100%
Copper (as copper sulfate)	200 mcg	364%
Manganese (as manganese sulfate)	0.9 mg	100%
Molybdenum (as sodium molybdate)	5.8 mg	252%
	45 mcg	100%

Orchard Fruits™ & Garden Veggies™ Powder Blend:
Raspberry, Orange, Carrot, Pomegranate, Plum,
Strawberry, Apple, Beet, Cherry, Pear, Tomato,
Lamb, Raspberry, Acai, Asparagus, Banana,

Other ingredients: cellulose, stearic acid, sodium croscarmellose, silica, magnesium stearate, hypromellose, gelatin, polyethylene glycol.

Amount per Serving

Broccoli, Brussels Sprout, Cabbage, Cranberry
Cucumber, Grape, Pear, Pineapple, Pumpkin, Spinach
Cardio Blend: Hawthorn (berry), Japanese Knotweed (root), Licorice, Coenzyme Q10 (ubiquinone-10)
Citrus Bioflavonoid Complex (from orange, grapefruit, lemon, lime, tangerine)
CranRx® Cranberry (fruit) Concentrate
Daily Greens™ Blend: Spirulina, Kelp, Barley Grass, Blessed Thistle (stem, leaf, flower), Blue-Green Algae (Aphanizomenon flos-aquae), Chlorella, Clostridium (leaf), Dandelion (aerial parts), Lemon Balm (leaf), Lemniscus (Cymbopogon citratus) (aerial parts), Nettle (Urtica dioica) (leaf), Plantain (leaf), Wheat (grass)
Flax Lignan/Fiber Blend: Flax Lignan (seed) Fiber, Flax Lignan (seed hulls) Extract
Hair, Skin & Nails Blend: Horsetail (stem, leaf), MSM (Methylsulfonylmethane), Grape (seed) Extract
Mushroom Mycelial & Primordia Biomass Defense Blend: Organic Reishi (Ganoderma lucidum), Organic Shiitake (Lentinula edodes), Organic Hiratake (Pleurotus ostreatus), Organic Enokitake (Flammulina velutipes), Organic Maitake (Grifola frondosa), Organic Yamabushitake (Hericium erinaceus), Organic Agaricus (Fomitopsis officinalis), Organic Chaga (Ivania obliquus), Organic Himematsutake (Agaricus brasiliensis), Organic Kawanabake (Trametes versicolor), Organic Mesima (Phellinus linteus), Organic Zhu Lu (Grifola umbellata)
Inositol
Digestive Enzyme Blend: Betaine HCl, Bromelain, Papain, Rutin (from Sophora japonica (flower bud) Extract), Lutein (from Aztec Marigold (flower) Extract)

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.