

Williams Nutrition

63
TOTAL
NUTRIENTS

Daily Advantage

MULTINUTRIENT DAILY SUPPLEMENT

ADVANCED COMPREHENSIVE FORMULA

A comprehensive, doctor-developed
multinutrient supplement to lay the foundation for
good health now and for many years ahead.

Almost Out?
Call 1-800-888-1415 or visit healthydirections.com.

UNCONDITIONALLY GUARANTEED
for the highest standards of quality, purity, and freshness.

Daily Advantage

Essential Vitamins, Minerals & Antioxidants

Supplement Facts

Serving Size: 4 Capsules
Servings Per Container: 60

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A (as beta carotene, retinyl palmitate)	1,687 mcg RAE 167%	Iodine (from kelp stem and leaf)	50 mcg 33%
Vitamin C (as ascorbic acid, mineral ascorbate)	500 mg 566%	Magnesium (as oxide, aspartate, ascorbate)	260 mg 60%
Vitamin D (as cholecalciferol)	50 mcg (2,000 IU) 250%	Zinc (as chelate)	10 mg 91%
Vitamin E (as d-alpha tocopheryl succinate, mixed tocopherols)	45 mg 300%	Selenium (as selenomethionine)	100 mcg 182%
Thiamine (as mononitrate)	25 mg 2,083%	Copper (as chelate)	1 mg 111%
Riboflavin (as riboflavin, riboflavin-5-phosphate)	25 mg 1,520%	Manganese (as aspartate, ascorbate)	5 mg 217%
Niacin (as niacinamide, niacin)	85 mg NE 406%	Chromium (as polynicotinate)	100 mcg 289%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5-phosphate)	30 mg 1,765%	Molybdenum (as chelate)	50 mcg 111%
Folate	340 mcg DFE 86%	Inositol	50 mg *
Vitamin B12 (as cyanocobalamin)	200 mcg (400 mcg) 2,000%	L-Cysteine Hydrochloride	25 mg *
Biotin	150 mcg 5,000%	Trace Mineral Complex (iodine, magnesium, sulfate, sodium, potassium, lithium, boron)	25 mg *
Pantothenic Acid (as calcium pantothenate)	75 mg 1,500%	Pantothenic Acid (PABA)	15 mg *
Choline (as bitartrate)	50 mg 9%	Silica (from horsetail extract aerial parts)	15 mg *
Calcium (as carbonate, citrate, malate, ascorbate)	500 mg 38%	CoQ10 (from fermented yeast)	5 mg *
		Alpha Lipoic Acid	5 mg *
		Boron (as chelate)	500 mcg *
		Vanadium (as chelate)	75 mcg *

* Daily Value (DV) not established.

Other ingredients: Gelatin, microcrystalline cellulose, magnesium stearate, silica

Herbal Superfood Energy™

Supplement Facts

Serving Size: 2 Capsules
Servings Per Container: 60

Amount Per Serving	% DV	Amount Per Serving	% DV
Spirulina (from algae)	300 mg *	Pancreatin (from porcine tissue)	25 mg *
Turmeric Powder (rhizome)	100 mg *	Ox bile	25 mg *
Baobab Powder (root)	90 mg *	Betaine Hydrochloride	10 mg *
Ashwagandha Extract (root)	50 mg *	Lipase (from Aspergillus niger)	5 mg *
Green Tea Extract (leaf)	50 mg *	Cellulase (from Lichodendria reesei)	5 mg *
Asian Ginseng Extract (root)	40 mg *	Maltase (from Aspergillus oryzae)	5 mg *
Rhodiola Extract (root)	40 mg *	Protease (from Aspergillus oryzae)	5 mg *
Turmeric Extract (rhizome)	25 mg *	Amylase (from Aspergillus oryzae)	5 mg *
Ginger Powder (rhizome)	25 mg *		
Baobab Extract (root)	25 mg *		

* Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silica
Distributed by Healthy Directions, Beltsville, MD 20817 www.healthydirections.com

Doctor's Suggested Use: Take 2 packets daily—1 packet with morning meal and 1 packet with midday or evening meal.

Advanced Phytonutrient Shield™

Supplement Facts

Serving Size: 1 Capsule
Servings Per Container: 60

Amount Per Serving	% DV
Blueberry Extract (fruit)	50 mg *
Cranberry Extract (fruit)	50 mg *
Pomegranate Extract (fruit)	40 mg *
Sweet Cherry Extract (fruit)	40 mg *
Olive Extract (fruit)	25 mg *
Quercetin	25 mg *
Citrus Bioflavonoids (from lemon, orange, lime, tangerine, grapefruit) (fruit)	20 mg *
Rutin	5 mg *
Terna-Reversalol (from Japanese knotweed root extract)	4 mg *
Tocopherols (from palm oil)	1 mg *
Lutein (from marigold flower)	1 mg *
Lycopene (from tomato fruit extract)	500 mcg *

* Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silica, maltodextrin

O-3 Essentials®

Supplement Facts

Serving Size: 1 Softgel
Servings Per Container: 60

Amount Per Serving	% DV
Calories	90
Total Fat	1 g <2% ¹
Cholesterol	10 mg 3%
Fish Oil	1 g *
EPA (eicosapentaenoic acid)	270 mg *
DHA (docosahexaenoic acid)	180 mg *

* Daily Value (DV) not established.
¹ Percent Daily Value based on a 2,000 calorie diet.

Other ingredients: Gelatin, glycerin, water, tocopherol (preservative), sunflower lecithin, lemon oil

CONTAINS: FISH (anchovy, sardine)



Choose **REFILL & SAVE**
and **Never Run Out!**
Call now to learn more!

1-800-888-1415

Daily Advantage

TOP QUALITY NUTRIENTS IN FOUR POTENT COMPLEXES:



Essential Vitamins, Minerals & Antioxidants
Get strong head-to-toe support
Strengthens your body's natural defenses against free radicals!
Supports heart, brain, bone, and immune health!



Herbal Superfood Energy™
Meet the demands of your day
Adaptogen blend for total body well-being!
Enzyme complex for digestive support!



Advanced Phytonutrient Shield®
Contains plant-based nutrients missing in most diets
Contains advanced phytonutrients from nature's superfoods
Supports a healthy inflammatory response!



O-3 Essentials®
Provides critical omega-3 fatty acids EPA and DHA
Maintains healthy blood pressure and blood flow!
Supports healthy blood cholesterol and triglyceride levels!

Williams shown are not actual size.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



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63
TOTAL
NUTRIENTS

Daily Advantage

MULTINUTRIENT DAILY SUPPLEMENT

ADVANCED COMPREHENSIVE FORMULA

CONTAINS 4 UNIQUE COMPLEXES

- ① Essential Vitamins, Minerals & Antioxidants
- ② Herbal Superfood Energy™
- ③ Advanced Phytonutrient Shield®
- ④ O-3 Essentials®



DAILY MULTINUTRIENT • DIETARY SUPPLEMENT

60 Packets • 30-Day Supply
60 packets containing 7 capsules and 1 softgel each
(Net 420 capsules and 60 softgels)

Williams Nutrition

Daily Advantage® provides a strong vitamin and mineral foundation, head-to-toe antioxidant protection, unique herbs and superfoods, and targeted heart-health support!

This comprehensive doctor-developed formula contains only high-quality ingredients and follows strict manufacturing standards, providing daily support for long-term health and wellness.

Taking two daily packets is the best way to get fresh, easy, convenient, total body nutrition.

If you have any questions about Daily Advantage, call 1-800-888-1415 or visit healthydirections.com.

Precautions: Consult a health care practitioner before use if you are pregnant or nursing, have a serious medical condition, or use any medications. Do not exceed two (2) packets daily.

Lot No. / Exp. Date:
Keep out of reach of children.
UNCONDITIONALLY GUARANTEED for purity and labeled potency. Store box in a cool, dry place to preserve peak quality and freshness.
Due to the nature of these ingredients, color variations may occur.