

Williams Nutrition

63
TOTAL
NUTRIENTS

Daily Advantage

MULTINUTRIENT DAILY SUPPLEMENT

ADVANCED COMPREHENSIVE FORMULA

A comprehensive, doctor-developed
multinutrient supplement to lay the foundation for
good health now and for many years ahead.

Almost Out?
Call 1-800-888-1415 or visit healthydirections.com.

UNCONDITIONALLY GUARANTEED
for the highest standards of quality, purity, and freshness.

Daily Advantage

Essential Vitamins, Minerals & Antioxidants

Supplement Facts

Amount Per Serving	% DV
Vitamin A (as beta carotene, retinyl palmitate)	1,687 mcg RAE 167%
Vitamin C (as ascorbic acid, mineral ascorbate)	500 mg 566%
Vitamin D (as cholecalciferol)	50 mcg (2,000 IU) 250%
Vitamin E (as d-alpha tocopheryl succinate, mixed tocopherols)	45 mg 300%
Thiamine (as mononitrate)	25 mg 2,083%
Riboflavin (as riboflavin, riboflavin-5-phosphate)	25 mg 1,500%
Niacin (as niacinamide, niacin)	85 mg NE 406%
Vitamin B6 (as pyridoxine HCl, pyridoxal-5-phosphate)	30 mg 1,765%
Folate	340 mcg DFE 85%
Vitamin B12 (as cyanocobalamin)	200 mcg (400 mcg) 2,000%
Biotin	50 mcg 5,000%
Pantothenic Acid (as calcium pantothenate)	75 mg 1,500%
Choline (as bitartrate)	50 mg 9%
Calcium (as carbonate, citrate, malate, ascorbate)	500 mg 38%

Other ingredients: Gelatin, microcrystalline cellulose, magnesium stearate, silica

Herbal Superfood Energy™

Supplement Facts

Amount Per Serving	% DV
Spirulina (from algae)	300 mg *
Turmeric Powder (rhizome)	100 mg *
Eleuthero Powder (root)	90 mg *
Ashwagandha Extract (root)	50 mg *
Green Tea Extract (leaf)	50 mg *
Asian Ginseng Extract (root)	40 mg *
Rhodiola Extract (root)	40 mg *
Turmeric Extract (rhizome)	25 mg *
Ginger Powder (rhizome)	25 mg *
Eleuthero Extract (root)	25 mg *

Other ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silica
Distributed by Healthy Directions, Beltsville, MD 20817 www.healthydirections.com

Doctor's Suggested Use: Take 2 packets daily—1 packet with morning meal and 1 packet with midday or evening meal.

Advanced Phytonutrient Shield™

Supplement Facts

Amount Per Serving	% DV
Blueberry Extract (fruit)	50 mg *
Cranberry Extract (fruit)	50 mg *
Pomegranate Extract (fruit)	40 mg *
Sweet Cherry Extract (fruit)	40 mg *
Olive Extract (fruit)	25 mg *
Quercetin	25 mg *
Citrus Bioflavonoids (from lemon, orange, lime, tangerine, grapefruit) (fruit)	20 mg *
Rutin	5 mg *
Terna-Reversal™ (from Japanese knotweed root extract)	4 mg *
Tocotrienols (from palm oil)	1 mg *
Lutein (from marigold flower)	1 mg *
Lycopene (from tomato fruit extract)	500 mcg *

* Daily Value (DV) not established.

Other ingredients: Microcrystalline cellulose, gelatin, magnesium stearate, silica, maltodextrin

O-3 Essentials®

Supplement Facts

Amount Per Serving	% DV
Calories	90
Total Fat	1 g <2%*
Cholesterol	10 mg 3%
Fish Oil	1 g *
EPA (eicosapentaenoic acid)	270 mg *
DHA (docosahexaenoic acid)	180 mg *

* Daily Value (DV) not established.
† Percent Daily Value based on a 2,000 calorie diet.

Other ingredients: Gelatin, glycerin, water, leucine (preservative), sunflower lecithin, lemon oil

CONTAINS: FISH (anchovy, sardine)



Choose **REFILL & SAVE**
and **Never Run Out!**
Call now to learn more!

1-800-888-1415



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63
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Daily Advantage

MULTINUTRIENT DAILY SUPPLEMENT

ADVANCED COMPREHENSIVE FORMULA

CONTAINS 4 UNIQUE COMPLEXES

- ① Essential Vitamins, Minerals & Antioxidants
- ② Herbal Superfood Energy™
- ③ Advanced Phytonutrient Shield®
- ④ O-3 Essentials®



DAILY MULTINUTRIENT • DIETARY SUPPLEMENT

60 Packets • 30-Day Supply

60 packets containing 7 capsules and 1 softgel each
(Net 420 capsules and 60 softgels)

Williams Nutrition

Daily Advantage® provides a strong vitamin and mineral foundation, head-to-toe antioxidant protection, unique herbs and superfoods, and targeted heart-health support!

This comprehensive doctor-developed formula contains only high-quality ingredients and follows strict manufacturing standards, providing daily support for long-term health and wellness.

Taking two daily packets is the best way to get fresh, easy, convenient, total body nutrition.

If you have any questions about Daily Advantage, call 1-800-888-1415 or visit healthydirections.com.

Precautions: Consult a health care practitioner before use if you are pregnant or nursing, have a serious medical condition, or use any medications. Do not exceed two (2) packets daily.

Lot No. / Exp. Date:
Keep out of reach of children.
UNCONDITIONALLY GUARANTEED for purity and labeled potency. Store box in a cool, dry place to preserve peak quality and freshness.
Due to the nature of these ingredients, color variations may occur.