

OLLY®

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THE PERFECT MEN'S MULTI

A powerful blend of Vitamins
A, C, D, E, Bs, Zinc
& CoQ10

90
GUMMIES

DIETARY SUPPLEMENT

BLACKBERRY BLITZ
with other Natural Flavors

Suggested Use: Take 2 gummies daily. Chew thoroughly before swallowing.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 45

Amount Per Serving	% DV	Amount Per Serving	% DV
Calories	20	Folate	300 mcg DFE 75%
Total Carbohydrate	4 g 1% [†]	(180 mcg folic acid)	
Total Sugars	2 g **	Vitamin B12 (as cyanocobalamin)	9 mcg 375%
Includes 2g Added Sugars	4% [†]	Biotin (as D-biotin)	30 mcg 100%
Vitamin A (as retinyl palmitate)	450 mcg 50%	Pantothenic Acid (as calcium-D-pantothenate)	5 mg 100%
Vitamin C (as ascorbic acid)	75 mg 83%	Iodine (as potassium iodide)	75 mcg 50%
Vitamin D (as cholecalciferol)	20 mcg (800 IU) 100%	Zinc (as zinc citrate)	5 mg 45%
Vitamin E (as dl-alpha tocopheryl acetate)	15 mg 100%	Selenium (as selenomethionine)	27.5 mcg 50%
Thiamin (Vitamin B1) (as thiamin hydrochloride)	0.30 mg 25%	Chromium (as chromium nicotinate)	17.5 mcg 50%
Riboflavin (Vitamin B2)	0.33 mg 25%	Coenzyme Q-10 (ubiquinone) naturally fermented	5 mg **
Niacin (as niacinamide)	8 mg 50%		
Vitamin B6 (as pyridoxine hydrochloride)	3.4 mg 200%		

[†]Percent Daily Values (DV) are based on a 2,000 calorie diet.
^{**}Daily Value not established.

Other Ingredients: Glucose Syrup, Beet Sugar, Water, Gelatin, Lactic Acid, Citric Acid, Blackberry Juice Concentrate, Natural Flavors, Coloring (from carrot, blueberry and black current juices), Pectin, Vegetable Oil (coconut, canola), Carnauba Wax (to prevent sticking).

Distributed by: OLLY Public Benefit Corp.
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Processed in a facility with products that may contain soy, egg, peanuts, tree nuts, milk, fish, shellfish and wheat.

Take only as directed. Do not exceed suggested use. If you have a medical condition, are on medication or are pregnant or nursing, please seek the advice of a qualified health care professional before using. Not for use in children. Do not use if inner seal is broken or missing.

KEEP OUT OF THE REACH OF CHILDREN.

Store in a cool, dry place.

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NATURALLY TASTY

A bold blend of blackberry and juicy pomegranate.

TAKE ON THE DAILY

No food or water needed.

No Artificial Flavors or Colors

Gluten Free



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* THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.