

KEEP OUT OF REACH OF CHILDREN
CHILD RESISTANT CAP
Do not exceed recommended intake
For Adult Use Only
Not for children
Do not use if printed safety seal bearing "Bayer HealthCare" under cap is torn or missing.
Store at room temperature.
Avoid excessive heat above 40°C (104°F).
Questions? 1-800-800-4793
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88359399



NEW FORMULA!
COMPLETE MULTIVITAMIN, NOW 40% SMALLER*

ONE A DAY

**MULTIVITAMIN/MULTIMINERAL
SUPPLEMENT**

WOMEN'S

Complete Multivitamin

**NUTRITIONAL SUPPORT FOR
6 KEY VITAL FUNCTIONS:***



**BONE
HEALTH**



**HEART
HEALTH†**



**IMMUNE
HEALTH**



**SKIN
HEALTH**



**HEALTHY
MUSCLE
FUNCTION**



**HEALTHY
ENERGY
METABOLISM‡**



200 TABLETS

NEW TABLET LOOK!

NO Artificial Flavors • Artificial Sweeteners • FD&C Colors

Directions: Adults: One tablet daily, with food.

Supplement Facts

Serving Size: One Tablet

	Amount Per Serving	% Daily Value		Amount Per Serving	% Daily Value
Vitamin A	700 mcg	78%	Vitamin B ₁₂	9.6 mcg	400%
Vitamin C	90 mg	100%	Biotin	45 mcg	150%
Vitamin D	25 mcg (1000 IU)	125%	Pantothenic Acid	7.5 mg	150%
Vitamin E	15 mg	100%	Calcium	130 mg	10%
Thiamin (B ₁)	2.4 mg	200%	Iron	18 mg	100%
Riboflavin (B ₂)	1.95 mg	150%	Iodine	150 mcg	100%
Niacin	24 mg	150%	Magnesium	42 mg	10%
Vitamin B ₆	3.4 mg	200%	Zinc	8 mg	73%
Folate	665 mcg DFE (400 mcg folic acid)	166%	Selenium	41 mcg	75%
			Copper	1.35 mg	150%

Ingredients: Calcium Carbonate, Microcrystalline Cellulose, Ascorbic Acid, Magnesium Oxide, Ferrous Fumarate, dl-Alpha-Tocopherol Acetate, Niacinamide, Gelatin, Maltodextrin; Less than 2% of: Biotin, Cholecalciferol, Color (Riboflavin, Titanium Dioxide, Vegetable Juice), Copper Sulfate, Corn Starch, Croscarmellose Sodium, Cyanocobalamin, D-Calcium Pantothenate, Folic Acid, Guar Gum, Hydroxypropyl Methylcellulose, Medium Chain Triglycerides, Polyvinyl Alcohol, Potassium Iodide, Pyridoxine Hydrochloride, Riboflavin, Silicon Dioxide, Sodium Selenite, Stearic Acid, Talc, Thiamine Mononitrate, Vitamin A Acetate, Zinc Oxide.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

If pregnant, breast-feeding, taking medication, or have any medical condition ask a health professional before use.

*As compared to previous One A Day Women's Complete Multivitamin Tablets.†As compared to previous One A Day Women's Complete Multivitamin Tablets.‡As compared to previous One A Day Women's Complete Multivitamin Tablets. This product is not intended to diagnose, treat, cure, or prevent any disease.

LOT/EXP