

Receive the benefits of this essential mineral in liposomal form for ultra absorption. When delivered via liposomes, your body can receive this megadose of Zinc with greater bioavailability. Support your immune system and overall health with this blueberry flavored liquid.[†]



SUGGESTED USE:

Take 1 tablespoon (15 mL) daily.
Can be taken directly or added to your choice of blended beverage or as a topping on a variety of foods.

KEEP OUT OF REACH OF CHILDREN

We genuinely care about all our customers. Please consult with a physician or healthcare professional before starting any health supplement, especially if pregnant or lactating, taking medication, or if you have a medical diagnosis. Discontinue use if any negative reaction occurs.

REFRIGERATE AFTER OPENING

Shake Gently Before Using

This Bottle is BPA FREE. Please Recycle. ♻️

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

CONTACT US

We love to hear from our customers.
Questions? Feedback?
Please feel free to call or email us!
WeCare@MaryRuthOrganics.com
(310) 955-1353



MARY RUTH'S®

MEGADOSE ZINC



*Not a low calorie food.

LIPOSOMAL Ultra Absorption Liquid Supplement

Supplement Facts

Serving Size 1 Tablespoon (15 mL)
Servings Per Container 30

	Amount Per Serving	% Daily Value
Calories	60	
Calories from Fat	35	
Total Fat	4 g	5%*
Polyunsaturated Fat	1 g	±
Monounsaturated Fat	3 g	±
Total Carbohydrate	7 g	3%*
Vitamin E (as D-Alpha Tocopherol)	6.7 mg	45%
Zinc (as Zinc Bisglycinate)	18 mg	164%
Liposomal Proprietary Blend	4 g	±
Organic Sunflower Seed Oil		
Phosphatidylcholine		

*Percent Daily Values are based on a 2000 calorie diet.
±Daily Value not established.

Other Ingredients: Organic Vegetable Glycerin, Purified Water, Cold-Pressed Blueberry Extract, Oleic Acid, Gum Acacia, Citric Acid and Phosphoric Acid. **CONTAINS COCONUT.**

All ingredients are **VEGAN** and **NO MSG!**

Distributed by MRO MaryRuth, LLC
Los Angeles, CA 90035
www.maryruthorganics.com

GOOD TO KNOW:

MaryRuth's uses premium quality ingredients.
Taste may vary from batch to batch.

= Blueberry =
Vegan Cold-Pressed
Blueberry Extract

Net: 15.22 fl oz (450 mL)
A Dietary Supplement



LEARN MORE



VR-REV-01