

**PRODUCT BENEFITS:** These capsules provide an excellent source of B-Complex vitamins to help promote a sufficient daily intake. The B-Complex is essential for the maintenance of a healthy nervous system.\* The B vitamins play a role in energy metabolism in the body.\*

**Directions:** For adults, take one (1) capsule daily, preferably with a meal or follow the advice of your health care professional. As a reminder, discuss the supplements and medications you take with your health care providers.

**WARNING:** Not intended for use by pregnant or nursing women. If you are taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**TAMPER RESISTANT:** Do not use if seal under cap is broken or missing.

**KEEP OUT OF REACH OF CHILDREN.**

Store at room temperature and avoid excessive heat.

\*These statements have not been evaluated by the FDA. This product is not intended to diagnose, treat, cure or prevent any disease.

**Laboratory Tested to Guarantee Quality  
For Health Care Professional Use Only**

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**PROD. NO. 55549**

To refill please call 1-800-765-6775

or visit [www.physilogics.com](http://www.physilogics.com)

Carefully Manufactured by Physiologics, LLC

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Physio**Logics**®

# B-100 Complex

**Supports Nervous  
System Health\***

Dietary Supplement  
**100 Capsules**

## Supplement Facts

Serving Size 1 Capsule

| Amount Per Serving                                                                           |                  | %Daily Value |
|----------------------------------------------------------------------------------------------|------------------|--------------|
| Thiamin<br>(Vitamin B-1) (as Thiamin Mononitrate)                                            | 100 mg           | 6,667%       |
| Riboflavin (Vitamin B-2)                                                                     | 100 mg           | 5,882%       |
| Niacin (as Niacinamide)                                                                      | 100 mg           | 500%         |
| Vitamin B-6 (as Pyridoxine Hydrochloride)                                                    | 100 mg           | 5,000%       |
| Folic Acid                                                                                   | 800 mcg          | 200%         |
| Vitamin B-12 (as Cyanocobalamin)                                                             | 100 mcg          | 1,667%       |
| Biotin                                                                                       | 1,000 mcg (1 mg) | 333%         |
| Pantothenic Acid (as d-Calcium Pantothenate)                                                 | 100 mg           | 1,000%       |
| Choline Bitartrate                                                                           | 100 mcg          | **           |
| PABA (Para-Aminobenzoic Acid)                                                                | 100 mg           | **           |
| Inositol                                                                                     | 100 mcg          | **           |
| Proprietary Blend<br>Contains:<br>(Alfalfa, Watercress, Parsley, Soy Lecithin and Rice Bran) | 7.5 mg           | **           |

\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Croscopovidone, Cellulose (Plant Origin). **Contains** <2% of: Dicalcium Phosphate, Mannitol, Silica, Vegetable Magnesium Stearate.

**FREE OF:** artificial color, artificial flavor, preservatives, sugar, starch, milk, lactose, gluten, wheat, yeast, fish, sodium.