

2 MONTH SUPPLY

2 MONTH SUPPLY

2 MONTH SUPPLY

SUGGESTED USE:

Ages 2+ can take 1 gummy per day or as recommended by a physician or healthcare professional.

KEEP OUT OF REACH OF CHILDREN in case of accidental overdose or choking.

All children 14 and under, pregnant and lactating women, seniors ages 65+, anyone taking medication, and those with a medical condition should always consult with a physician or healthcare professional before using any dietary supplement.

Pectin sourced from citrus.
Vegan Vitamin D3 derived from lichen.
Vitamin K2 derived from natto.

VEGAN

100 mcg
CALCIUM
per 1 gummy



MARY RUTH'S®

K2 + D3
CALCIUM
GUMMIES

PECTIN BASED

25 mcg
VITAMIN
D3
per 1 gummy

100 mcg
VITAMIN
K2
per 1 gummy

Supplement Facts

Serving Size 1 Gummy
Servings Per Container 60

	Amount	% DV for Per Serving ages 4+ yrs	% DV for ages 2-3 yrs
Calories	10		
Total Carbohydrate	2 g	<1%*	1%**
Total Sugars	1 g	†	†
Includes 1 g Added Sugar		2%*	4%**
Vitamin D3 (as Cholecalciferol)	25 mcg (1000 IU)	125%	167%
Calcium (as Tribasic Calcium Phosphate)	100 mg	8%	14%
Sodium	10 mg	<1%	<1%
Vitamin K2 (as Menaquinone-7)	100 mcg	†	†

*Percent Daily Values (DV) are based on a 2000 calorie diet.

**Percent Daily Values (DV) are based on a 1000 calorie diet.

†Daily Value (DV) not established.

Other Ingredients: Organic Tapioca Syrup, Organic Cane Sugar, Purified Water, Pectin, Natural Flavors (Peach, Mango, Apricot, French Vanilla), Citric Acid, Sodium Citrate, Beta Carotene (for color), and Organic Sunflower Oil.

CONTACT US

We love to hear from our customers.
Questions? Feedback?

Please feel free to call or email us!
WeCare@MaryRuthOrganics.com
(310) 955-1353



Please Recycle

HL-R-REV-01

— Peach, Mango and Apricot —
Vegan Natural Peach Mango Apricot Flavored
with other Natural Flavor

A Dietary Supplement
60 Gummies

All ingredients are VEGAN

Distributed by MRD MaryRuth, LLC
Los Angeles, CA 90035
www.maryruthorganics.com

PRODUCT OF CANADA