



### SUGGESTED USE:

Adults take 2 gummies per day or as recommended by a physician or healthcare professional.

### KEEP OUT OF REACH OF CHILDREN

in case of accidental overdose or choking.  
All children 14 and under, pregnant and lactating women, seniors ages 65+, anyone taking medication, and those with a medical condition should always consult with a physician or healthcare professional before using any dietary supplement.

### THIS PRODUCT IS MADE WITHOUT:

Gelatin, Soy, Yeast, Wheat, Gluten, Milk, Eggs, Peanuts, Fish and Shellfish.

VEGAN

NO  
GELATIN



MARY RUTH'S®

CoQ10  
GUMMIES

PECTIN BASED

GLUTEN  
FREE

120 mg  
CoQ10  
per 2 gummies

## Supplement Facts

Serving Size 2 Gummies  
Servings Per Container 30

	Amount Per Serving	% DV
Calories	20	
Total Carbohydrate	5 g	2%*
Total Sugars	3 g	†
Includes 3 g Added Sugars		6%*
Sodium	20 mg	<1%
Coenzyme Q10	120 mg	†

\*Percent Daily Values (DV) are based on a 2000 calorie diet  
†Daily Value (DV) not established

Other Ingredients: Organic Cane Sugar, Organic Tapioca Syrup, Purified Water, Pectin, Natural Raspberry Flavor, Citric Acid, Sodium Citrate, Black Carrot (for color), Coconut Oil, Carnauba Wax.

All ingredients are VEGAN

Distributed by MRO MaryRuth, LLC  
Los Angeles, CA 90035  
[www.maryruthorganics.com](http://www.maryruthorganics.com)

PRODUCT OF CANADA

### CONTACT US

We love to hear from our customers.  
Questions? Feedback?

Please feel free to call or email us!  
[WeCare@MaryRuthOrganics.com](mailto:WeCare@MaryRuthOrganics.com)  
(310) 955-1353

Raspberry

Vegan Natural Flavor

A Dietary Supplement

60 Gummies



Please Recycle

HL-R-REV-01