

Natrol® Sleep+ Calm capsules:

- Non-GMO
- No Artificial Flavors, Sweeteners or Preservative
- Vegetarian

WARNING: This product is not intended to treat insomnia. Do not take while operating machinery or driving a vehicle. Consult a physician before using this product if you are taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder, or are between the ages of 12-17. Not for use by children under the age of 12.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

ITEM: 7914 F: 3003463 L: 2010122-21285



NATROL®

SLEEP+
CALM

**Melatonin + Ashwagandha,
L-Theanine, Lemon Balm**

**Supports
revitalizing sleep†**

**Helps reduce occasional
stress & anxiety†**

30 CAPSULES

DIETARY SUPPLEMENT

Directions: Take 1 capsule 20-30 minutes before bedtime.

Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 30

Amount Per Serving		%DV
L-Theanine	200 mg	*
Sensoril® Ashwagandha (<i>Withania somnifera</i>) Root and Leaf Extract (10% Withanolides)	125 mg	*
Melatonin	6 mg	*
Lemon Balm Extract (<i>Melissa officinalis</i>) (aerial parts)	3 mg	*

*Daily Value (DV) not established.

Other Ingredients: Microcrystalline Cellulose, Hypromellose, Maltodextrin, Silicon Dioxide, Magnesium Stearate.

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Sesame.

‡ Sensoril® is a trademark of Natreon, Inc.

Manufactured for NATROL LLC,
Chatsworth, CA 91311, USA
1-800-2-NATROL (800-262-8765)
www.natrol.com

APPROX.
FILL LINE

LOT/EXP: