

Natrol® Sleep+ Recovery capsules:

- Non-GMO
- No Artificial Flavors, Sweeteners or Preservative
- Vegetarian

WARNING: This product is not intended to treat insomnia. Do not take while operating machinery or driving a vehicle. Consult a physician before using this product if you are taking medication, have any medical condition, are pregnant or lactating, have an autoimmune condition or depressive disorder, or are between the ages of 12-17. Not for use by children under the age of 12.

**STORE IN A COOL, DRY PLACE.
KEEP OUT OF REACH OF CHILDREN.**

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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NATROL®

SLEEP+ RECOVERY

Melatonin + Turmeric, Antioxidant Blend

Supports
revitalizing sleep†

Helps support a healthy
inflammatory response†

30 CAPSULES DIETARY SUPPLEMENT

Directions: Take 1 capsule 20-30 minutes before bedtime.

Supplement Facts

Serving Size: 1 Capsule

Servings per Container: 30

Amount Per Serving		%DV
Turmeric Extract (<i>Curcuma longa</i>) (rhizome) (95% curcuminoids)	500 mg	*
Antioxidant Blend (Green Tea Extract (<i>Camellia sinensis</i>) (leaf), Blueberry Extract (<i>Vaccinium angustifolium</i>) (fruit), Quercetin, Resveratrol (<i>Polygonum cuspidatum</i>) (root))	25 mg	*
Melatonin	6 mg	*
Black Pepper Extract (<i>Piper nigrum</i>) (fruit) (95% piperine)	5 mg	*

*Daily Value (DV) not established.

Other Ingredients: Hypromellose, Microcrystalline Cellulose, Tapioca Starch, Silicon Dioxide, Magnesium Stearate, Maltodextrin

NO: Milk, Egg, Fish, Crustacean Shellfish, Tree Nuts, Peanuts, Wheat, Soybeans, Sesame.

APPROX.
FILL LINE

Manufactured for NATROL LLC,
Chatsworth, CA 91311, USA
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LOT/EXP: