Phase I: Whole Body Detox

Multiple System Cleanse

Caution: Do not use if you are pregnant, nursing, attempting to become pregnant, allergic to plants of the *Asteraceae*/Compositae/Daisy family, have a bile duct obstruction, have gallstones, have intestinal obstruction, or if inflammation is present. If you have diabetes, have any gastrointestinal disease, or are taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safety sealed with printed outer shrinkwrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

VEGETARIAN

LN15400.B02 BLK8626B

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Nature's Way

THISILYN® CLEANSE

Phase I
WHOLE BODY DETOX

dietary supplement • 30 vegetarian capsules

Recommendation: Take 1 capsule in the morning and 1 capsule in the evening for 15 days. For best results, start use on the same day as beginning Phases II and III.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving		% DV
Urinary Tract Proprietary Blend: Parsley (leaf); Cranberry (fruit) 90% concentrate	173 mg	**
Lymph, Blood & Skin Proprietary Blend: Burdock (root); Red Clover (flowers); Cleavers (aerial parts); Oregon Grape (root)	130 mg	**
Thisilyn® Milk Thistle extract (seed), 80% silymarin (100 mg)	125 mg	**
Artichoke extract (leaf) 6% caffeoylquinic acids (4.5 mg)	75 mg	**
Turmeric extract (root), 95% curcuminoids (71.2 mg)	75 mg	**
Dandelion (root)	40 mg	**

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate, silica

Phase II: 6-Fiber Blend

Toxin & Impurity Collector*

Six dietary fibers, including LignaMax® flax lignan powder and FOS (fructooligosaccharides), in a comfortable, ***easily dispersed*** formula.

CAUTION: Take this product with at least a full glass (8 oz.) of water. Taking without enough water may cause choking. Do not take this product if you have difficulty swallowing. If you experience chest pain, vomiting, or difficulty swallowing or breathing after taking this product, seek immediate medical attention. If pregnant, nursing or taking any medications, consult a healthcare professional before use.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

LN15402.A03 BLK8606A

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VEGETARIAN

Nature's Way

THISILYN® CLEANSE

Phase II
6-FIBER BLEND

dietary supplement • 90 vegetarian capsules

Recommendation: Take 3 capsules in the morning and 3 capsules in the evening for 15 days. For best results, start use on the same day as beginning Phases I and III.

Supplement Facts

Serving Size 3 Capsules / Servings per Container 30

Amount per Serving		% DV
Calories	5	
Total Carbohydrate	1 g	<1%†
Dietary Fiber	1 g	6%†
6-Fiber Proprietary Blend: Psyllium (husk), Guar Gum, Lignamax® Flax Lignan Fiber (seed), Grapefruit Pectin, Fructooligo-saccharides (FOS), Acacia Gum	1.3 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established

Other ingredients: cellulose, plant-derived capsule (hypromellose), silica

LignaMax® is a trademark of Bioriginal.

Phase III: Digestive Sweep

For Occasional Constipation and Toxin Elimination*

NOTICE: This product contains Cascara Sagrada. Read and follow directions carefully. Do not use if you have or develop diarrhea, loose stools or abdominal pain because Cascara Sagrada may worsen these conditions and be harmful to your health. Consult your physician if you have frequent diarrhea or if you are pregnant, nursing, taking medication or have a medical condition.

CAUTION: Do not use when nausea or vomiting are present unless directed by a healthcare professional. Consult a healthcare professional if you have noticed a sudden change in bowel habits that persist over 2 weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a healthcare professional.

Keep out of reach of children. Safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

LN15401.A01 BLK8242A

*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

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VEGETARIAN

HERBAL

Nature's Way

THISILYN® CLEANSE

Phase III
DIGESTIVE SWEEP

dietary supplement • 30 vegetarian capsules

Recommendation: Adults and children age 12 years and over: take 2-3 capsules at bedtime with a full glass (8 oz.) of water. Do not take more than 2-3 capsules in a 24-hour period. Not recommended for children under 12 years of age. Do not take for more than 10 days as frequent or prolonged use may result in dependence. Do not exceed recommended dosage. Not for long term use.

Supplement Facts

Serving Size 3 Capsules / Servings Per Container 10

Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Dietary Fiber	<1 g	<4%†
Cascara Sagrada (bark)	400 mg	**
Soothing Proprietary Blend*: Peppermint (leaf); Fennel (seed); Ginger (root); Marshmallow (root)	300 mg	**
Triphala Proprietary Extract Blend (fruit) providing 45% tannins (121 mg): Amla *(Phyllanthus emblica)*, Tropical Almond *(Terminalia chebula)*, Belleric myrobalan *(Terminalia bellerica)*	270 mg	**
Thisilyn® Milk Thistle Extract (seed), 80% silymarin (152 mg)	190 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose)

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Nature's Way

THISILYN® CLEANSE

with ***Herbal*** *Digestive Sweep™*

*Purify, Rejuvenate & Energize with Thisilyn® Cleanse Tri-Phase Program. A 15-Day Cleansing Program that Supports Liver Health.**

Using Thisilyn® Cleanse: For best results, begin taking all three formulas the same day. Drink plenty of water during the entire program. Thisilyn Cleanse takes just 15 days to complete.

PHASE I: Whole Body Detox

A perfectly balanced formula to support cleansing of multiple body systems and promote the transport of toxins and impurities to the intestine for capture by Phase II.*

Recommendation: Take 1 capsule in the morning and 1 capsule in the evening for 15 days.

Supplement Facts

Serving Size 1 Capsule

Amount Per Serving	% DV
Urinary Tract Proprietary Blend: Parsley (leaf); Cranberry (fruit) 100% concentrate	173 mg**
Lymph, Blood & Skin Proprietary Blend: Burdock (root); Red Clover (flowers); Cleavers (aerial parts); Oregon Grape (root)	130 mg**
Thisilyn® Milk Thistle Extract (seed), 80% silymarin (100 mg)	125 mg**
Artichoke Extract (leaf), 6% caffeoylquinic acids (4.5 mg)	75 mg**
Turmeric Extract (root), 95% curcuminoids (71.2 mg)	75 mg**
Dandelion (root)	40 mg**

**Daily Value (DV) not established.

Other ingredients: plant-derived capsule (hypromellose), magnesium stearate, silica

PHASE II: 6-Fiber Blend

Six dietary fibers combined to capture toxins and other impurities throughout the intestine.* FOS (fructooligo-saccharides) provides a powerful prebiotic boost to support the maintenance of healthy intestinal microflora.*

Recommendation: Take 3 capsules in the morning and 3 capsules in the evening for 15 days. Take with 8 oz. of water.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 30

Amount Per Serving		% DV
Calories	5	
Total Carbohydrate	1 g	<1%†
Dietary Fiber	1 g	6%†
6-Fiber Proprietary Blend: Psyllium (husk), Guar Gum, Lignamax® Flax Lignan Fiber (seed), Grapefruit Pectin, Fructooligosaccharides (FOS), Acacia Gum	1.3 g	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet.
**Daily Value not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose), silica

PHASE III: Herbal Digestive Sweep™

A unique digestive cleanse with Cascara sagrada, Triphala and Thisilyn to encourage the cleansing of impurities and toxins through the bowel.* Soothing herbals are included to comfort this critical phase.

Recommendation: Adults and children age 12 years and over: take 2-3 capsules at bedtime with a full glass (8 oz.) of water. Do not take more than 2-3 capsules in a 24-hour period. Not recommended for children under 12 years of age. Do not take for more than 10 days as frequent or prolonged use may result in dependence. Do not exceed recommended dosage. Not for long term use.

Supplement Facts

Serving Size 3 Capsules
Servings Per Container 10

Amount Per Serving		% DV
Total Carbohydrate	<1 g	<1%†
Dietary Fiber	<1 g	<4%†
Cascara Sagrada (bark)	400 mg	**
Soothing Proprietary Blend*: Peppermint (leaf); Fennel (seed); Ginger (root); Marshmallow (root)	300 mg	**
Triphala Proprietary Extract Blend (fruit) providing 45% tannins (121 mg): Amla *(Phyllanthus emblica)*, Tropical Almond *(Terminalia chebula)*, Belleric myrobalan *(Terminalia bellerica)*	270 mg	**
Thisilyn® Milk Thistle Extract (seed), 80% silymarin (152 mg)	190 mg	**

†Percent Daily Values (DV) are based on a 2,000 calorie diet. **Daily Value not established.

Other ingredients: cellulose, plant-derived capsule (hypromellose)

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

NOTICE: This product contains Cascara Sagrada. Read and follow directions carefully. **Do not use if you have or develop diarrhea, loose stools or abdominal pain because Cascara sagrada may worsen these conditions and be harmful to your health.** Consult your physician if you have frequent diarrhea, or if you are pregnant, nursing, taking medications or have a medical condition.

CAUTION: This product is not intended for use with children. Do not use this product if pregnant, nursing, attempting to become pregnant, have allergies to plants of the *Asteraceae (Compositae)* family including ragweed, bile duct obstruction, gallstones, intestinal obstruction or inflammation is present. If you have diabetes, have any gastro-intestinal diseases, or taking any medications, consult a healthcare professional before use. Do not use when nausea or vomiting are present unless recommended by a healthcare professional. Consult a healthcare professional if you notice a sudden change in bowel habits that persist over 2 weeks. Rectal bleeding or failure to move bowels after use may indicate a serious condition. Discontinue use and consult a healthcare professional. Take this product with at least a full glass of liquid. Taking without enough liquid may cause choking. Do not take this product if you have difficulty swallowing. If you experience chest pain, vomiting or difficulty swallowing or breathing after taking this product, seek immediate medical attention.

Keep out of reach of children. Each bottle is safety sealed with printed outer shrink-wrap and inner seal. Do not use if either is broken or missing. Store in a cool, dry place.

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VEGETARIAN

15 DAY PROGRAM

Nature's Way

THISILYN® CLEANSE

with ***Herbal*** *Digestive Sweep™*

INTERNAL PURIFICATION*

Complete Tri-Phase Program Contains:
WHOLE BODY DETOX • 30 Veg. Capsules
6-FIBER BLEND • 90 Veg. Capsules
DIGESTIVE SWEEP™ • 30 Veg. Capsules
dietary supplement

*Exclusively with Thisilyn milk thistle extract for cleansing power**

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About Herbal Digestive Sweep™

Specially balanced to cleanse the bowel, the Digestive Sweep formula in this program contains Cascara sagrada bark.*

How it works. Cascara sagrada helps stimulate muscles in the intestine, thereby supporting healthy bowel elimination.*

Alternative. If you'd prefer a formula that doesn't contain Cascara Sagrada, try ***Thisilyn® Cleanse* with Mineral Digestive Sweep™**.

- **Easy 15-Day Program.**
- **Complete Whole Body Cleanse.**
- **Purifies, Rejuvenates and Energizes.***
- **Will Not Interrupt Your Daily Routine.**
- **Optimal Dose** of Thisilyn® milk thistle extract for maximum cleansing power.*
- **Easy Dispersion Fiber** for comfortable capture of toxins throughout the bowel.*
- **GLUTEN FREE.** No sugar, yeast, wheat, soy, dairy products, artificial colors, flavors or preservatives.

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