STORE IN A COOL, DRY PLACE.

Recommendations: As a dietary supplement, take 3 capsules daily, with a meal.

Warning: Not to be taken by pregnant and lactating women. If you have any health condition or are taking any medication, particularly blood thinning or psychiatric medication, consult your health professional before use. Not to be taken in conjunction with antidepressants unless advised by a health professional. Individuals with bipolar disorder and depression must be monitored closely by a health professional if taking this supplement. It is recommended that individuals taking this supplement have lithium levels and kidney function monitored regularly. Vitamin K may be contraindicated with Coumadin (Warfarin). Do not exceed the dose recommended by your health professional

Keep out of the reach of children.

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*FloraGLO is a registered trademark of Kemin Industries. Inc



Use only if safety seal is intact. Contents may not fill package in order to accommodate required labeling. Please rely on stated quantity



Certified Gluten-Free by the Gluten-Free Certification Organization. www.aluten.org





PureGenomics[®] UltraMultivitamin

Comprehensive multivitamin/mineral formula with enhanced support for common genetic polymorphisms[‡]

> Gluten-free, Non-GMO & Hypoallergenic

Dietary Supplement

90 CAPSULES

Supplement Facts | Magnesium (as microencapsulated magnesium) 150 mg Serving size 3 capsules

Consinge per container 20

Amount	Per Serving	%DV
Vitamin A (as vitamin A acetate)	1,500 mcg	167%
Vitamin C (as ascorbic acid)	250 mg	278%
Vitamin D (as cholecalciferol) (D ₃) 100 mc	g (4,000 IU)	500%
Vitamin E (as d-alpha tocopherol succinate)	20 mg	133%
Vitamin K (as vitamin K ₁)	100 mcg	83%
Thiamin (as thiamin HCI) (B ₁)	3 mg	250%
Riboflavin (as riboflavin and 50% riboflavin-5-phosphate (activated B ₂))	3.4 mg	262%
Niacin (as niacinamide)	20 mg	125%
Vitamin B ₆ (as pyridoxine HCl and 50% pyridoxal-5-phosphate (activated B ₆))	5 mg	294%
	33 mcg DFE g L-5-MTHF)	333%
Vitamin B ₁₂ (as adenosylcobalamin and 50% hydroxycobalamin)	800 mcg	33,333%
Biotin	300 mcg	1,000%
Pantothenic acid (as calcium pantothenate) (B _t)	10 mg	200%
Choline (as choline bitartrate)	100 mg	18%
Calcium (as di-calcium malate) (DimaCal™)	60 mg	5%
lodine (as potassium iodide)	300 mca	200%

iviagnesium (as microencapsulateu magnes	sium) Tou mg	3076
Zinc (as zinc citrate)	20 mg	182%
Selenium (as selenomethionine)	70 mog	127%
Copper (as copper glycinate)	2 mg	222%
Manganese (as manganese citrate)	2 mg	87%
Chromium (as chromium polynicotinate)	200 mcg	571%
Molybdenum (as molybdenum glycinate chelate) (TRAACS™)	75 mcg	167%
Lithium (as lithium orotate)	500 mcg	
Boron (as boron glycinate)	1 mg	
BenfoPure® benfotiamine	3 mg	*
Mixed tocopherols	20 mg	
Vitamin K ₂ (menaquinone-7)	20 mog	
Inositol	50 mg	
FloraGLO® lutein	3 mg	
Zeaxanthin	500 mcg	*
Coenzyme Q ₁₀	50 mg	*
Alpha lipoic acid (thioctic acid)	90 mg	*
N-Acetyl-L-Cysteine (free-form)	145 mg	
BioResponse DIM® diindolylmethane comp (complex of starch, diindolylmethane, vitam phosphatidylcholine and silica) (standardized to contain 25% diindolylme	nin E (tocopherso	lan),

* Daily value (DV) not established

Other ingredients: vegetarian capsule (cellulose, water), microencapsulated magnesium (magnesium oxide, pregelatinized rice starch, sucrose esters of fatty acids, sunflower lecithin, tricalcium phosphate, rice flour), tri-magnesium citrate, ascorbyl palmitate

Zeaxanthin is sourced from OPTISHARP® brand. OPTISHARP® is a trademark of DSM.

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*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.