

NATURE'S SUPERFOOD

✓ RICH IN OMEGA 3 & 6'S Ω

ALL NATURAL GROUND SEEDS

› Nutrakey's Chia Seeds are Non-GMO and serve as natural sources of protein, fiber, magnesium, calcium, zinc, and are especially rich in antioxidants and healthy Omega-3 fatty acids. ✓

ESSENTIAL FATTY ACIDS (EFA'S)

› Chia Seeds are one of the best-known natural sources of healthy Omega-3 and Omega-6 fatty acids, with nearly 2/3 of Chia Seed's fatty acid content in the form of Alpha Lipoic Acid (ALA), which acts as a natural antioxidant. Omega-3 fatty acids also play a crucial role in heart health & cognitive function. ✓

For Best Results: Combine with Nutrakey's Fish Oil for additional Omega-3 fatty acid support.

N HEALTH FOR EVERY LIFESTYLE

HEALTH + AID



NutraKey

CHIA SEED
OMEGA-3 SUPPORT OMEGA-6 SUPPORT ALA RICH

OMEGA SUPERFOOD



DIETARY SUPPLEMENT

120 CAPSULES 60 SERVINGS

Supplement Facts

Serving Size: 2 Capsules
Servings per container: 60

Chia Seed (*salvia hispanica*)
(Natural Non-GMO)

Amount Per Serving	% DV
1200 mg	**

**Daily Value not established.

Other Ingredients: Gelatin (capsule), (may contain one or more of the following: rice flour, vegetable stearate, silica).

Recommended Use: Take 1 serving (2 capsules) with water or your favorite beverage 2-3 times daily.

Warning: Pregnant or lactating women, diabetics, hypoglycemics, and people with known medical conditions and/or taking prescription medication should consult with a licensed physician and/or pharmacist prior to taking dietary supplements. Do not use if seal is broken.

✗ Do not use if packaging has been tampered with. Store in a cool, dry place. Packaging is BPA (Bisphenol A) free.



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✓ These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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