

Aminos Play a Vital Role in Muscle Growth & Recuperation
Amino acids help regulate hormone production and weight management. They are metabolized directly in the muscle and are especially useful to athletes because they may improve nitrogen retention by sparing other amino acid groups for rebuilding.

BCAAs Are Essential Muscle Building Amino Acids
"Essential" amino acids are aminos that the body cannot produce on its own, but must obtain through diet or supplementation. The three branched chain amino acids are L-Valine, L-Leucine, and L-Isoleucine.

BCAAs Support Muscle Growth & Prevent Breakdown
BCAAs contain a potent balance of amino acids which are the building blocks of muscle. Metabolized directly in the muscle, BCAAs are unique branched chemical structures that are essential in building strength and lean muscle mass. Recently these amino acids have been studied for their potential anti-catabolic (preventing muscle breakdown) and anabolic (muscle building) effects.

Actin & Myosin Proteins Comprise Muscle Tissue
The main components of these two proteins are Leucine, Isoleucine, and Valine. BCAAs account for about 35% of the essential amino acids contained in myoproteins. Supplementation with BCAAs increases the availability of the raw materials needed for muscle building.

BCAAs Impact Strength & Muscle Gains
BCAAs are directly responsible for the building of contractile proteins in muscle. These proteins cause muscle contractions which generate force and power output. Intense training breaks down contractile proteins which leads to decreased strength and loss of performance.

High-Performance Liquid Chromatography (HPLC) Verified

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NutraKey
Health Performance INC

**STRENGTH
RECOVERY**
**ULTRA PURE
NO FILLERS**

BCAA
Branched Chain Amino Acids
Ultra Micronized **Max** Bioavailability

MUSCLE STRENGTH RECOVERY

- PREVENT LEAN MUSCLE BREAKDOWN
- INCREASE TRAINING INTENSITY
- ACCELERATE RECOVERY

HPLC Verified

PHARMACEUTICAL GRADE

400 Capsules

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 3 Capsules	Amount Per Serving	%DV
Servings per container: 133		
L-Leucine	750 mg	**
L-Isoleucine	358 mg	**
L-Valine	358 mg	**

** Daily Value not established.

Other Ingredients: Gelatin (Capsule).

Recommended Use: Take 1 serving (3 capsules) twice daily with water or your favorite beverage. For best results, take first serving 60 minutes prior to training and second serving immediately after.

Non-Training Days: Take 1 serving with first meal of the day and 1 serving with a meal at least 6 hours later.

- **ESSENTIAL** FOR PROTEIN SYNTHESIS
- **INCREASE** MUSCLE STRENGTH & ENDURANCE
- **IMPROVE** NITROGEN RETENTION
- **SPEED** MUSCLE RECOVERY & GROWTH
- **ENHANCE** ENERGY LEVELS & PERFORMANCE
- **REDUCE** MUSCLE FATIGUE
- **HELP** PREVENT LEAN MUSCLE BREAKDOWN
- **INCREASE** ANABOLIC (MUSCLE BUILDING) EFFECTS

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Pure Nutrition Go Green

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