

Supplement Facts

Serving Size 2 Gummies Servings per Container 30

Amount per Serving	% DV
Calories 20	
Total Carbohydrate 5 g	2%*
Total Sugars 3 g	**
Includes 3g Added Sugars	6%*
Vitamin A (as beta carotene) 600 mcg RAE	67%
Vitamin C (as ascorbic acid) 30 mg	33%
Vitamin D3 (as cholecalciferol) 20 mcg	100%
Vitamin E (as d-alpha tocopherol acetate) 12 mg	80%
Vitamin K (as phytonadione) 60 mcg	25%
Vitamin B1 (as thiamin mononitrate) 0.5 mg	42%
Vitamin B2 (as riboflavin) 0.6 mg	46%
Niacin (as niacinamide) 12 mg NE	75%
Vitamin B6 (as pyridoxine hydrochloride) 1 mg	59%
Folate (as folic acid) 100 mcg DFE (60 mcg folic acid)	25%
Vitamin B12 (as methylcobalamin) 1.8 mcg	75%
Biotin 16 mcg	53%
Choline (as choline bitartrate) 55 mg	10%
Iodine (as potassium iodide) 150 mcg	100%
Zinc (as zinc citrate) 4 mg	36%
Selenium (as sodium selenate) 20 mcg	36%
Chromium (as chromium chloride) 22 mcg	63%
Molybdenum (as sodium molybdate) 16 mcg	36%
Sodium 15 mg	1%
Organic Berry Blend	
(Blueberry, Raspberry, Blackberry) 100 mg	**

* % Daily Value based on a 2,000 calorie diet ** % Daily Value (DV) not established

Other Ingredients: Organic tapioca syrup, organic cane sugar, apple pectin, citric acid, natural flavors, sodium citrate, organic sunflower oil, organic carnauba wax.
Made by Pharmavite LLC, 4701 Northpark Dr., Opelika, AL 36801 USA
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Suggested Use: Ages 4 and older, 2 gummies daily. Chew thoroughly before swallowing.

MegaFood Kids Multi Gummies support optimal health and wellness and are formulated to specifically meet the nutritional needs of kids for healthy growth and development.* These gummies contain vitamins C & D, plus zinc for immune support, and vitamin B12 for healthy energy production. Choline supports healthy brain development.*

We're committed to investing in agricultural practices that make a difference. That's why we use organic ingredients in our products when possible.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.

To learn about our seals, please visit megafood.com/standards.

List No. 10436
PET103
Cat. A297
8A091
REV: 4 02/21



MegaFood®

kids MULTI

with C, D, zinc & choline

IMMUNE & BRAIN SUPPORT*

berrylicious

FLAVOR WITH OTHER NATURAL FLAVORS

60 GUMMIES
30 SERVINGS



DIETARY
SUPPLEMENT