



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

MegaFood®

Fresh From Farm To Tablet™

Immune Defense®

5-Day Intense Wellness Plan®



30
TABLETS
15
SERVINGS

with oranges, elderberries, echinacea
& andrographis
DIETARY SUPPLEMENT

Suggested Use: 2 tablets 3 times a day with a beverage for 5 days.
May be taken anytime throughout the day, even on an empty stomach.
Do not exceed 1 bottle every 14 days.

Supplement Facts

Serving Size 2 Tablets Servings per Container 15

Amount per Serving	% DV
Vitamin C (as ascorbic acid with organic orange)† 250 mg	278%
Zinc (as fermented zinc bisglycinate) 5 mg	45%
Elderberry Fruit (<i>Sambucus nigra</i>) 600 mg	**
Echinacea Aerial Part Extract (<i>Echinacea purpurea</i>) 500 mg	**
Andrographis Aerial Part Extract (<i>Andrographis paniculata</i>) 100 mg	**

** % Daily Value (DV) not established

Other Ingredients: Microcrystalline cellulose, hypromellose, organic brown rice, ferment media (organic brown rice, rice protein, autolyzed yeast extract, yeast [inactive]), silicon dioxide, stearic acid, rice protein.
Made by MegaFood, PO Box 5244, Manchester, NH 03108 USA
megafood.com / 800.848.2542

Immune Defense® supports immune health when you need it most.* It's made with vitamin C, zinc and elderberry, plus echinacea and andrographis— bitter herbs known to support immune health.*

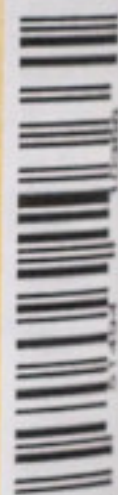
This MegaFood product is made with real food, wholesome nutritional yeast and added nutrients. †This vitamin is paired with a whole food in our unique process. Satisfaction guaranteed or your money back.

We believe that the most nutritious food comes from healthy soils and valued farmers. Our goal is to work with farmers who share our commitment to organic and regenerative agriculture. megafood.com/farmers

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If pregnant, nursing, or you have a health condition, consult your healthcare practitioner before taking this product.

Keep out of reach of children. Store tightly sealed in a cool place and avoid exposure to moisture. Once open, consume within three months.



F1431B
Rev. 4 10/20
Lot:
Best
Before: