



# 10 Strain Probiotic Digestive Care Supplement



Actual size

84

DELAYED RELEASE CAPSULES



Supports Digestive & Immune Health\*



Promotes Both Large & Small Intestine Function\*



Naturally Restores Digestive Balance\*

ONE CAPSULE PER DAY

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

## Supplement Facts

Serving Size: 1 Capsule  
Servings Per Container: 84

Amount Per Capsule	% Daily Value
Proprietary Probiotic Blend providing 124 mg (10 Billion Live Cells**) ***	***
<i>Lactobacillus acidophilus</i>	
<i>Bifidobacterium infantis</i>	
<i>Bifidobacterium lactis</i> HN019™	
<i>Lactobacillus rhamnosus</i> GG	
<i>Bifidobacterium longum</i>	
<i>Lactobacillus salivarius</i>	
<i>Bifidobacterium bifidum</i>	
<i>Lactobacillus plantarum</i>	
<i>Lactobacillus paracasei</i>	
<i>Bifidobacterium breve</i>	

\*\*\*Daily Value not established.

OTHER INGREDIENTS: CELLULOSE, SILICON DIOXIDE, MAGNESIUM STEARATE (VEGETABLE SOURCE), GELLAN GUM.

DISTRIBUTED BY SAM'S WEST, INC. BENTONVILLE, AR 72716



how2recycle.info

\*\*This product contains 10 billion live cells when manufactured and until at least the "Best Used By" date, providing proper handling and storage directions are followed.

HN019™ is a trademark of Fonterra™ Limited.

USP has tested and verified ingredients, potency, and manufacturing process. USP sets official standards for dietary supplements. See [www.uspverified.org](http://www.uspverified.org).



# 10 Strain Probiotic Digestive Care Supplement

### About Probiotic Bacteria

Intestinal microflora plays an important role in our lives and in the way our bodies function.\* Beneficial bacteria found in our intestinal tract are essential to our bodies for supporting digestive and immune system health.\* However, the number of beneficial bacteria in our intestines begins to decline as we age. Certain lifestyle factors such as stress and poor diet can also affect the balance of beneficial intestinal bacteria. Member's Mark 10 Strain Probiotic can help replenish the beneficial bacteria our bodies need to perform vital body functions.\*

### What Are Probiotics?

Probiotics are the "friendly" bacteria naturally found in your intestinal tract.\* These beneficial bacteria help promote a healthy intestinal microflora, which is key to proper digestive system function.\* Probiotics also play an important role in promoting a healthy immune system.\*

### The Benefits of Taking Probiotics

Probiotics support the development of healthy intestinal microflora.\* Daily probiotic intake helps maintain our body's natural balance of good bacteria, promoting gastrointestinal and immune system health.\*

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### About Our Formula

Member's Mark 10 Strain Probiotic contains 10 billion live cells\*\* per capsule and 10 strains of beneficial bacteria: *Lactobacillus acidophilus*, *Bifidobacterium infantis*, *Bifidobacterium lactis* HN019™, *Lactobacillus rhamnosus* GG, *Bifidobacterium longum*, *Lactobacillus salivarius*, *Bifidobacterium bifidum*, *Lactobacillus plantarum*, *Lactobacillus paracasei* and *Bifidobacterium breve*.

This probiotic blend can help replenish healthy bacteria and support digestive and immune health.\* Our formula contains a good balance of both *Bifidobacterium* and *Lactobacillus* which helps promote both large and small intestinal health.\* We formulated Member's Mark 10 Strain Probiotic with probiotic strains such as *Lactobacillus rhamnosus* GG and *Bifidobacterium lactis* HN019™, that are supported by science and clinical studies. For instance, a study on *Bifidobacterium lactis* HN019™ showed that it may help regulate colon transit time.\* Just one capsule per day of 10 Strain Probiotic provides some of the good bacteria beneficial for essential, everyday body functions.\*

**SUGGESTED USE:** Adults, take one capsule daily. We recommend you discuss the supplements and medications you take with your healthcare provider.

Do not take within two hours of taking antibiotics.

Keep out of reach of children.

**First time using this product?** Consider reducing daily dosage if minor gas or bloating occurs.

**STORAGE:** Best if stored at 72°F (22°C) or below. Refrigeration not required, but may extend product shelf life. For best results, we recommend you store this product in the original blister card package.

**WARNING:** If you are pregnant or nursing or if you are taking any medication (including oral antibiotics), or have a medical condition, consult your doctor before using this product.

**THIS PRODUCT DOES NOT CONTAIN ANY DAIRY, SOY OR GLUTEN.**

### Questions or Comments?

We would love to hear about your Member's Mark experience! In the continental U.S. or Canada, you can call us at 1-866-307-9794 24 hours, 7 days a week.

Do not use if blister unit is broken or torn

Compare the difference of Member's Mark 10 Strain Probiotic vs. align® Probiotic 24/7 Digestive Support†		
	Member's Mark 10 Strain Probiotic	align® Probiotic 24/7 Digestive Support†
1 Billion Live Cells of <i>Bifidobacterium longum</i>	✓	✓
<i>Lactobacillus rhamnosus</i> GG	✓	—
Probiotic Blend <i>Lactobacillus acidophilus</i> , <i>Bifidobacterium infantis</i> , <i>Bifidobacterium lactis</i> HN019™, <i>Bifidobacterium longum</i> , <i>Lactobacillus rhamnosus</i> GG, <i>Lactobacillus salivarius</i> , <i>Bifidobacterium bifidum</i> , <i>Lactobacillus plantarum</i> , <i>Lactobacillus paracasei</i> , <i>Bifidobacterium breve</i>	✓	—
Total Live Cells when Manufactured	10 Billion**	1 Billion**
Number of Strains	10	1

†This product is not manufactured or distributed by The Procter & Gamble Company, owner of the registered trademark align®