

SUGGESTED USE: As a dietary supplement, take two (2) capsules once a day. For best results, take 20-30 minutes before a meal with 6-8 oz of water or as directed by a healthcare professional.

CAUTION: Do not exceed recommended dose. Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

KEEP OUT OF THE REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD & DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

**GOLDEN
AFTER 50**

OMEGA 3B

BRAIN & HEART HEALTH† | DHA/EPA

DIETARY SUPPLEMENT
60 GELATIN CAPSULES

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 30

Amount Per Serving		%DV
Calories	20	
Total Fat	2 g	3%*
Polyunsaturated	1 g	**
Monounsaturated	0.5 g	**
Cholesterol	15 mg	5%*
Omega-3 Fatty Acids	650 mg	**
Docosahexaenoic Acid	450 mg	**
Eicosapentaenoic Acid	200 mg	**

* Percent Daily Values are based on a 2,000 calorie diet.

** Daily Value (DV) not established.

Other Ingredients: Calamari oil, gelatin and brown rice flour.

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