



## MY GUARANTEE

This bottle of branched-chain amino acids provides you with 6 full grams of BCAAs per serving at the ideal ratio of 2:1:1 of leucine:isoleucine:valine. These 3 essential amino acids, when provided at this proper amount and ratio, deliver enough leucine to help optimize recovery post-workout with adequate valine to help blunt fatigue and boost energy when taken before workouts. This has helped me take my workouts and recovery to a higher level. My hope is that it provides you similar RESULTS!\*



Jim Stoppani, PhD  
Owner - JYM Supplement Science

For questions regarding JYM products go to: @JimStoppani or @JimStoppaniPhD or [JYMSupplementScience.com](http://JYMSupplementScience.com)

This product was produced in a GMP-compliant facility. Good Manufacturing Practices, or GMPs, are a set of standards which ensure the purity and proper labeling of dietary supplements.

\*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

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JYM  
SUPPLEMENT SCIENCE

# BCAAs

6g<sup>†</sup>  
TOTAL BCAAS

3g<sup>†</sup>  
L-LEUCINE

1.5g<sup>†</sup>  
L-ISOLEUCINE

1.5g<sup>†</sup>  
L-VALINE

2:1:1 RATIO  
BRANCHED-CHAIN  
AMINO ACIDS



GREEN APPLE  
NATURAL & ARTIFICIAL FLAVORS

1<sup>†</sup>PER SERVING | 40 SERVINGS  
DIETARY SUPPLEMENT

NET WEIGHT: 12.7 OZ (360g)

## Supplement Facts

Serving Size: 1 Scoop (9g)  
Servings Per Container: About 40

Amount Per Serving	% Daily Value	
Calories	30	
Total Carbohydrate	1g	<1%**
L-Leucine	3g	†
L-Isoleucine	1.5g	†
L-Valine	1.5g	†

\*\*Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established

OTHER INGREDIENTS: Citric Acid, Natural and Artificial Flavors, Sucralose, Acesulfame Potassium, Calcium Silicate.

Produced on shared equipment that also produces products that may contain EGG, MILK, SOY, TREE NUTS, and WHEAT.

**DIRECTIONS:** As a dietary supplement, mix one scoop in 10 oz of water and drink during a workout or throughout the day on non-training days.

**WARNINGS:** DO NOT USE IF YOU ARE UNDER THE AGE OF 18, PREGNANT OR NURSING, HAVE ANY KNOWN OR SUSPECTED MEDICAL CONDITIONS, OR ARE TAKING ANY PRESCRIPTION OR OVER THE COUNTER MEDICATIONS. Consult with a qualified healthcare professional before using this or any other dietary supplement. Discontinue two weeks prior to surgery. Immediately discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN.**

Store at 15-30°C (59-86°F). Protect from heat, light and moisture. Do not purchase if seal is broken.

DISTRIBUTED BY:  
PHD Fitness, 31300 Via Colinas Suite #101  
Westlake Village, CA 91362 USA 1-888-557-7774  
Made in the USA with domestic and international ingredients.



BCA40GA 21932 030120 V1.1