

SUGGESTED USE: Adults, as a dietary supplement, shake before use, and take five (5) sprays daily. For best results, refrigerate after opening.

3

**DO NOT SPRAY
IN EYES.**

**KEEP OUT OF REACH
OF CHILDREN.**

**DO NOT USE IF
SAFETY SEAL IS
BROKEN.**

**IF YOU ARE
NURSING,
PREGNANT, TAKING
MEDICATION OR
HAVE A MEDICAL
CONDITION,
CONSULT YOUR
PHYSICIAN BEFORE
TAKING THIS
PRODUCT.**

8

10048-v213

DR. MERCOLA®

METHYL B₁₂ ENERGY BOOST

Natural Blackberry Flavor
with Other Natural Flavors

0.98 FL. OZ.
(29 mL)

DIETARY
SUPPLEMENT

Supplement Facts

Serving Size: 5 Sprays (about 0.74 mL)
Servings Per Container: About 39

	Amount Per Serving	%Daily Value
Vitamin B ₁₂ (as Methylcobalamin)	1,000 mcg	41667%

OTHER INGREDIENTS: Water, Vegetable Glycerin, Natural Flavors, Citric Acid, Potassium Sorbate (to Maintain Freshness).

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

Providing quality products since 2001.

For an energy boost†

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.