

Puritan's Pride® supplements are produced from the finest raw materials under stringent quality control standards. State-of-the-art manufacturing and packaging facilities ensure you the highest quality nutritional supplements money can buy. When it comes to your health...choose the best.

**WARNING:** If you are pregnant, nursing, taking any medications, including blood thinners, planning any medical or surgical procedure or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur. Keep out of reach of children. Store at room temperature. Do not use if seal under cap is broken or missing.

Ester-Omega® is a concentrated and highly purified Omega-3 Fish Oil. Omega-3 fatty acids support heart and cardiovascular health.\* Ester-Omega® is molecularly distilled to remove Mercury. When choosing fish oil, make sure it's Ester-Omega®!



\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



**TO REORDER ITEM # 17132**  
[www.puritan.com](http://www.puritan.com)  
1-800-645-1030

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**DOUBLE STRENGTH**

# OMEGA-3 Fish Oil 1200mg

**600mg ACTIVE OMEGA-3**

Purified to  
eliminate mercury

Supports Heart Health\*



**180** rapid release  
softgels

DIETARY SUPPLEMENT

**DIRECTIONS:** For adults, take one (1) softgel two times daily, preferably with meals. To maximize your intake of Omega-3 Oils take up to 3 softgels daily.

## Supplement Facts

Serving Size 1 Softgel

Amount Per Serving		%Daily Value
Calories	15	
Total Fat	1 g	1%**
Polyunsaturated Fat	0.5 g	***
Cholesterol	10 mg	2%
Ester-Omega® Fish Oil	1,200 mg (1.2 g)	***
provides 600 mg of Total Omega-3 Fatty Acids† comprising of:		***
EPA (Eicosapentaenoic Acid)	318 mg	***
DHA (Docosahexaenoic Acid)	204 mg	***
Other Fatty Acids		***

\*\*Percent Daily Values are based on a 2,000 calorie diet.

\*\*\*Daily Value not established.

**Other Ingredients:** Gelatin, Vegetable Glycerin, Mixed Natural Tocopherols.

Contains fish (anchovy, herring, mackerel, sardine) ingredients.

(As Ethyl) Esters

No Artificial Color, Flavor or Sweetener, No Sugar, No Starch, No Milk, No Lactose, No Gluten, No Wheat, No Yeast, No Shellfish, Sodium Free.