

KEEP OUT OF REACH
OF CHILDREN.
Store in a cool, dry place.
For More Information:
1-888-462-2548

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Distributed by:
General Nutrition Corporation
Pittsburgh, PA 15222



GNC

Melatonin

3 MG

Supports restful sleep*

DIETARY SUPPLEMENT
60 VEGETARIAN TABLETS

CODE 109012

BOG

Directions: As a dietary supplement, take one tablet before bedtime.
Do not exceed recommended dosage in any 24 hour period.

Supplement Facts

Serving Size One Tablet

Amount Per Serving	% Daily Value	
Vitamin B-6 (as Pyridoxine Hydrochloride)	2 mg	100%
Melatonin	3 mg	*

* Daily Value not established.

Other Ingredients: Dicalcium Phosphate, Cellulose.

WARNING: For adult use only at bedtime. This product is not to be taken by pregnant or lactating women. If you are taking medication or have a medical condition, consult a physician before using this product. Do not use in conjunction with alcoholic beverages, when driving a vehicle, or while operating machinery.

Potencies verified by GNC procedures #5008 and #5103.

Conforms to USP <2091> for weight.

Meets USP <2040> disintegration.

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*** This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

Lot No./Best By: