



ORGANIC SUPER GREENS

+MULTIVITAMIN



22 Organic Vitamins & Minerals

Suggested Use: Adults mix 1 scoop in 8 oz liquid.

Supplement Facts

Serving Size 1 Scoop (8.5g)
Servings Per Container 25

	Amount Per Serving	% DV
Calories	30	
Total Fat	1 g	1%*
Total Carbohydrate	4 g	1%*
Dietary Fiber	1 g	4%*
Total Sugars	1 g	
Added Sugars	0 g	0%
Protein	2 g	
Vitamin A (as beta-carotene from Greens, Veggie and Fruit Blend)	180 mcg	20%
Vitamin C (from Greens, Veggie and Fruit Blend)	9 mg	10%
Vitamin D3 (as Cholecalciferol from Organic Algae)	20 mcg	100%
Vitamin E (as d-alpha Tocopherol from Organic <i>Saccharomyces cerevisiae</i>)	1.5 mg	10%
Vitamin K2 (as menaquinone-7)	12 mcg	10%
Thiamin (from Greens, Veggie and Fruit Blend)	1.1 mg	92%
Riboflavin (from Greens, Veggie and Fruit Blend)	1 mg	77%
Niacin (from from Greens, Veggie and Fruit Blend)	1.7 mg	11%
Vitamin B6 (from Greens, Veggie and Fruit Blend)	1.1 mg	65%
Folate (from Greens, Veggie and Fruit Blend)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin from Organic <i>Saccharomyces cerevisiae</i>)	2.4 mcg	100%
Biotin (from Organic <i>Saccharomyces cerevisiae</i>)	3 mcg	10%
Pantothenic Acid (from Greens, Veggie and Fruit Blend)	1.9 mg	38%
Calcium (from Greens, Veggie and Fruit Blend)	38 mg	3%
Iron (from Greens, Veggie and Fruit Blend)	2.5 mg	14%
Magnesium [†] (from Greens, Veggie and Fruit Blend)	18 mg	4%
Zinc (from Greens, Veggie and Fruit Blend)	1.1 mg	10%
Selenium (from Greens, Veggie and Fruit Blend)	55 mcg	100%
Manganese (Enzyme Activated)	2.3 mg	100%
Chromium (Enzyme Activated)	35 mcg	100%
Sodium [†] (from Greens, Veggie and Fruit Blend)	40 mg	2%
Potassium [†] (from Greens, Veggie and Fruit Blend)	225 mg	5%

Greens, Veggie and Fruit Blend 4.9 g[†]
Organic Alfalfa Grass Juice, Organic Beet Root, Organic Oat Grass Juice, Organic Peppermint Leaf, Organic Spirulina, Organic Curry (*Murraya koenigii*) Leaf Extract, Organic Chlorella, Organic Guava (*Psidium guajava*) Fruit and Leaf Extract, Organic Lemon Fruit Extract, Organic Carrot Root, Organic Goji Berry, Organic Wild Blueberry, Organic Amla Berry Extract, Organic Holy Basil (*Oscimum tenuiflorum*) Leaf Extract, Organic Matcha, Organic Mustard Seed Extract, Organic Pomegranate Fruit, Organic Broccoli Stalk and Flower, Organic Annatto Seed Extract, Organic Spinach Leaf, Organic Kale Leaf, Organic Acai Berry, Organic Elderberry, Organic Noni Fruit.

Digestive Health[†] Blend 3.1 g[†]
Organic Flax Seed, Organic Chia Seed, *Bacillus coagulans* SNZ-1969 or IDCC1201 (2 Billion CFU[†]), Cellulase, Amylase, Xylanase, Lipase, Phytase, Pectinase, Protease, Lactase, Hemicellulase, Invertase.

Fermented Mushroom and Botanical Blend 300 mg[†]
Organic Fermented Ashwagandha Root, Organic Reishi Mycelium, Organic Fermented Turmeric Root, Organic Cordyceps Mycelium, Organic Fermented Ginger Root, Organic Fermented Astragalus Root, Organic Fermented Milk Thistle Seed.

*Percent Daily Values are based on a 2,000 calorie diet.

† Daily Value not established.

Other Ingredients: Organic luo han guo extract, organic apple cider vinegar.

[†]At time of manufacture.

[†] Naturally occurring.

Produced on equipment that also processes peanuts, tree nuts, milk, soybean, wheat, sesame, shellfish, fish. **WARNING:** If you are pregnant, nursing, allergic, have a medical condition, or taking any medications, consult a doctor before using this or any other dietary supplement. Do not use if inner safety seal is broken or missing. **Keep out of reach of children.** Color and odor may vary from lot to lot. Store in a cool, dry place. Packaged by weight, not volume. Settling may occur.

NOTICE: Use this product as a food supplement only. Do not use for weight reduction.



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† THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.

Manufactured for:



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Certified organic by CCOF

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WHOLE FOOD DIETARY SUPPLEMENT | NET WT. 7.5 OZ (213 G)