

SUGGESTED USE: Adults, as a dietary supplement, take one (1) capsule daily with water.

KEEP OUT OF REACH OF CHILDREN.

DO NOT USE IF SAFETY SEAL IS BROKEN.

IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.

DR. MERCOLA[®]

LIPOSOMAL VITAMIN D₃



5,000 IU Per Capsule

90 CAPSULES

**DIETARY
SUPPLEMENT**

Supplement Facts

Serving Size: 1 Capsule

Servings Per Container: 90

	Amount Per Serving	%Daily Value
Vitamin D ₃ (as Cholecalciferol)	125 mcg (5,000 IU)	625%

OTHER INGREDIENTS: Sunflower Lecithin, Capsule (Hydroxypropyl Methylcellulose), Medium Chain Triglycerides, Sunflower Oil.

DISTRIBUTED BY: NHP, 125 SW 3rd Place
Cape Coral, FL 33991 USA (877) 985-2696

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