

**SUGGESTED USE:** Adults, as a dietary supplement, take two (2) capsules daily with a meal.

**KEEP OUT OF REACH OF CHILDREN.**

**DO NOT USE IF SAFETY SEAL IS BROKEN.**

**IF YOU ARE NURSING, PREGNANT, TAKING MEDICATION OR HAVE A MEDICAL CONDITION, CONSULT YOUR PHYSICIAN BEFORE TAKING THIS PRODUCT.**

10223-v302



# DR. MERCOLA®

organic



# ASHWAGANDHA

60 CAPSULES

DIETARY  
SUPPLEMENT

## Supplement Facts

Serving Size: 2 Capsules

Servings Per Container: 30

	Amount Per Serving	%DV
Organic Ashwagandha ( <i>Withania somnifera</i> ) Root Powder	800 mg	*

\*Daily Value (DV) not established.

**OTHER INGREDIENTS:** Organic Rice Hull Concentrate, Organic Capsule (Organic Pullulan).

**DISTRIBUTED BY:** NHP, 125 SW 3rd Place  
Cape Coral, FL 33991 USA, (877) 985-2696

**CERTIFIED ORGANIC BY:**  
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