

THE IBgard® DIFFERENCE

IBgard® provides daily and proactive gut health support†. IBgard® contains microspheres with a unique triple-layer coating designed to:

- Promote sustained release through SST® technology until it reaches the site of the disturbance: the small intestine.
- Minimize the potential of early release of peppermint oil in the stomach: the source of heartburn in standard peppermint oil supplements.
- Support flexibility in usage before, during or after meals.

Each 2 capsule serving provides 25 mcg (1,000 IU) of vitamin D which supports immune and bone health†. Emerging science also suggests that individuals with GI symptoms may benefit from additional vitamin D†.

SUGGESTED USAGE:

Adults, take two capsules once a day or as directed by a healthcare provider. Take 30 to 90 minutes before a meal, with water. If the pre-meal dose is missed, IBgard® can be taken with or after a meal. Do not exceed 6 capsules a day.

Warnings: Consult with your healthcare provider before use if you are pregnant, nursing, taking any medications or have any medical condition. Keep out of reach of children. Do not use if blister is torn or ripped or if there is any other evidence of tampering. Store in a cool, dry place.

Questions/Comments:

CALL US TOLL FREE 1-855-GUT-GARD (1-855-488-4273)
Or visit www.IBGARD.com

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

†Among gastroenterologists who recommended a peppermint oil brand for gut health. IOWA ProVoice 2020 survey. Individual results may vary.



WITH VITAMIN D
Supports Immune, Bone and GI health†

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DAILY GUT-HEALTH GARD™†

IBgard®

Solid-State, Triple-Coated,
Sustained-Release Microspheres of
Ultramen® (an Ultrapurified
Peppermint Oil) and Vitamin D₃



ABDOMINAL COMFORT†

Helps manage occasional symptoms†:

- ✓ Cramping
- ✓ Bowel Urgency
- ✓ Diarrhea
- ✓ Constipation
- ✓ Bloating
- ✓ Gas

DIETARY
SUPPLEMENT

48
CAPSULES

Supplement Facts

	Amount Per Serving	% Daily Value
Serving Size 2 Capsules Servings Per Container 24		
Vitamin D (as cholecalciferol)	25 mcg (1,000 IU)	125%
Ultramen® Peppermint Oil (<i>Mentha piperita</i>) (aerial) (l-Menthol content: 83 mg)	180 mg	*

*Daily value not established

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, GELATIN, HYPROMELLOSE, METHYLCELLULOSE, METHACRYLIC ACID COPOLYMER, LESS THAN 2% OF TRIETHYL CITRATE, POLYSORBATE 80, TITANIUM DIOXIDE (COLOR), YELLOW 5, GREEN 3

Manufactured for Nestlé HealthCare Nutrition, Inc.,
Bridgewater, NJ 08807 USA

IBgard® is protected by U.S. patents No.: 8,808,736;
9,393,279; 9,707,260; 9,192,583; 9,717,696; 9,572,782.

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