

POWERED BY NATURE....PERFECTED BY SCIENCE

Get on with life knowing that your gut is supported. Take IBgard® daily to help manage your occasional abdominal symptoms.†



Peppermint oil helps to relax the digestive system and manage occasional symptoms in the gut.†

Patented Site-Specific Targeting (SST®) Technology delivers IBgard® where it is needed in the gut



Illustrative depiction of IBgard® delivery

SUGGESTED USAGE

Adults, take two capsules, 1-3 times daily, as needed or as directed by a healthcare provider. Take 30 to 90 minutes before a meal, with water. If the pre-meal dose is missed, IBgard® can be taken with or after a meal. Do not exceed 8 capsules a day.

WARNINGS: Consult with your healthcare provider before use if you are pregnant, nursing, taking any medications or have any medical condition. Discontinue use and consult your healthcare provider if symptoms persist or worsen, or any adverse reaction occurs. Keep out of reach of children. Do not use if blister is torn or ripped or if there is any other evidence of tampering.

Store in a cool, dry place.

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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Among gastroenterologists who recommended peppermint oil for abdominal comfort. (Lieberman 2021, †Cash BD, Epstein MS, Shah SM. Dig Dis Sci. 2016;61(2):560-571. Individual results may vary. Clinically studied at 6 capsules per day. All trademarks are owned by Société des Produits Nestlé S.A., Vevey, Switzerland, or used with permission. ©2021 Nestlé. Questions/Comments: CALL US TOLL FREE 1-855-GUT-FREE (1-855-486-4273) or visit www.IBGARD.com Patients www.nestlehealthscience.us/consumers



REV.07.2021



NEW LOOK!

FOR ABDOMINAL COMFORT†

#1 GASTROENTEROLOGIST RECOMMENDED BRAND†

NEW LOOK!



Ultrapurified
PEPPERMINT OIL

ABDOMINAL COMFORT†

Clinically shown to help manage a combination of occasional symptoms.†

- ✓ Cramping
- ✓ Diarrhea
- ✓ Bloating
- ✓ Bowel Urgency
- ✓ Constipation
- ✓ Gas

DIETARY SUPPLEMENT

12 CAPSULES

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, GELATIN, HYDROXYMETHYLCELLULOSE, METHACRYLIC ACID COPOLYMER, LESS THAN 1% OF TRIETHYL CITRATE, POLYSORBATE 80, TITANIUM DIOXIDE (COLOR), YELLOW 5, GREEN 3
Manufactured for Nestlé HealthCare Nutrition, Inc. Bridgewater, NJ 08807 USA

	Amount Per Serving	% Daily Value
Supplement Facts		
Ultramint® Peppermint Oil (Mentha piperita) (aerial) (L-Menthol content: 83 mg)	180 mg	*
Serving Size 2 Capsules		
Servings Per Container 6		

*Daily Value not established