



Fiber Choice... The Smart Choice®

Fiber Choice® gummies are made with fructooligosaccharides (FOS), a prebiotic fiber, which supports the growth and activity of beneficial bacteria in your gut.*

Prebiotic Fiber Nurtures Your Digestive Health*

It keeps food moving through your system, supporting your digestive tract and helping to support regularity.*

Prebiotic Fiber Helps Support the Immune System*

It helps balance your digestive tract. A healthy, balanced digestive tract supports a healthy immune system.*

Prebiotic Fiber Supports Overall Health*

Daily intake of fiber is an important part of your overall health.* Most Americans only get about half of the recommended 28 grams of fiber each day. So when you can't get the fiber you need from healthy food, Fiber Choice® is an easy and tasty way to help close the fiber gap.

Do not exceed the recommended daily dose.

Store in a cool, dry place.

Keep container tightly closed.

***THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.**

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**NEW
RECIPE**

Fiber Choice®

Prebiotic Fiber Supplement

*Helps Support Regularity**

Fruity Bites

Natural Mixed Berry Flavor

90 GUMMIES



Fruity Bites

Fiber Gummies in tasty flavors

DIRECTIONS: Adults, chew 2 gummies up to 4 times a day. Start with 2 gummies, once a day, then increase dose at steady intervals, preferably with a meal. If discomfort is felt, reduce dose.

Supplement Facts

Serving Size 2 Gummies
Servings Per Container 45

	Amount per serving	% Daily Value
Calories	15	
Total Carbohydrate	5 g	2%*
Dietary Fiber	3 g	11%*
Total Sugars	<1 g	**
Sodium	10 mg	<1%

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

INGREDIENTS: FRUCTOOLIGOSACCHARIDES, WATER, PECTIN, AGAR AGAR, TAPIOCA STARCH, CITRIC ACID, BLACK CARROT JUICE CONCENTRATE (COLOR), NATURAL MIXED BERRY AND STRAWBERRY FLAVORS WITH OTHER NATURAL FLAVORS, TRISODIUM CITRATE, CARNAUBA WAX

Manufactured for Nestlé HealthCare Nutrition, Inc., Bridgewater, NJ 08807 USA

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PRODUCT OF ISRAEL

MAY CONTAIN FISH

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QUESTIONS?

1-855-GUT-GARD

To learn more, go
to **FiberChoice.com**

Individual results may vary. If pregnant, breastfeeding, have a medical condition, or are on medication, consult a physician before using. If minor gas or bloating occurs, reduce daily serving.

Tamper Evident:
Do not use if inner
seal beneath cap is
missing or broken.
Bottle is child
resistant.

**KEEP OUT OF REACH
OF CHILDREN.**