

POWERED BY NATURE.....PERFECTED BY SCIENCE

Say yes to dinner again knowing that your gut is supported. Take **FDgard® daily** to help manage your occasional indigestion.†



Caraway oil and I-Menthol work together to help relax the digestive system and manage occasional symptoms in the gut.†



Patented Site-Specific Targeting (SST®) Technology delivers FDgard® where it is needed in the gut



FDgard® started working on meal-triggered indigestion in as little as 24 hours†

Illustrative depiction of FDgard® delivery



SUGGESTED USAGE

Adults, take two capsules, two times a day or as directed by a healthcare provider. Take 30 to 60 minutes before a meal, with water. If the pre-meal dose is missed, FDgard® can be taken with or after a meal. Do not exceed 6 capsules a day.

WARNINGS: Consult with your healthcare provider before use if you are pregnant, nursing, taking any medications or have any medical condition. Discontinue use and consult your healthcare provider if symptoms persist or worsen, or any adverse reaction occurs. Keep out of reach of children. Do not use if blister is torn or ripped or if there is any other evidence of tampering.

Store in a cool, dry place.

†THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE, TREAT, CURE OR PREVENT ANY DISEASE.



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SHARE YOUR STORY

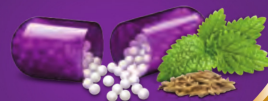


†Among gastroenterologists who recommended an herbal product for meal-triggered indigestion. Lieberman 2021. †Chen WJ, Liao BE, Cash BD, Epstein M, et al. Clin Transl Gastroenterol. 2017;9:1049. Individual results may vary. All trademarks are owned by Société des Produits Nestlé S.A., Vevey, Switzerland, or used with permission. ©2021 Nestlé. Questions/Comments: CALL US TOLL FREE 1-855-GUT-6ARD (1-855-488-4273) or visit www.FDgard.com Patents www.nestlehealthscience.us/consumers/patents

#1 GASTROENTEROLOGIST RECOMMENDED BRAND†

NEW LOOK!

The PreMeal Companion®
FDgard®



CARAWAY OIL
and I-MENTHOL

MEAL-TRIGGERED INDIGESTION†

Helps manage a combination of occasional symptoms:†

- ✓ Bloating
- ✓ Nausea
- ✓ Upset Stomach
- ✓ Difficulty Finishing a Meal

DIETARY SUPPLEMENT

12 CAPSULES

OTHER INGREDIENTS: GELATIN, MICROCRYSTALLINE CELLULOSE, METHYLCELLULOSE, HYDROXYMETHYLCELLULOSE, METHACRYLIC ACID COPOLYMER, LESS THAN 1% OF TRIETHYL CITRATE, SODIUM CROSSCARMELLOSE, POLYSORBATE 80, GLYCEROL MONOSTEARATE, TITANIUM DIOXIDE (COLOR), RED 3, BLUE 1. Manufactured for Nestlé HealthCare Nutrition, Inc. Bridgewater, NJ 08807 USA

Amount Per Serving	% Daily Value
Caraway Oil (Carum carvi) (seed) 50 mg	*
I-Menthol (Mentha arvensis) (aerial) 41.5 mg	*

*Daily Value not established

Supplement Facts

Serving Size 2 Capsules
Servings Per Container 6